

Jesse Hold On

拍数: 64 墙数: 1 级数: Intermediate
编舞者: Charlie Bowring (UK)
音乐: Jesse Hold On - B*Witched



RIGHT TAP (TWICE) & SAILOR SCUFF & CROSS UNWIND, MAMBO FORWARD

1-2 Tap right heel diagonally forward
& Step right foot in place
3 Step left foot behind right
& Step right foot in place
4 Scuff left foot forward
& Step left foot in place
5 Cross right behind left
6 Unwind $\frac{3}{4}$ turn right
7 Step left foot forward
& Rock back on to right foot
8 Step left foot back

SWITCHES & CLAPS, ROCK & TURNING TRIPLE STEPS

9 Touch right heel forward
&10 Step right foot in place, and touch left heel forward
&11 Step left foot in place, and touch right heel forward
&12 Clap hands (twice)
&13 Step right foot in place, and touch left heel forward
&14 Step left foot in place, and touch right heel forward
&15 Step right foot in place, and touch left heel forward
&16 Clap hands (twice)

& Step left foot in place
17 Step right foot forward
18 Rock back on to left foot
19&20 Step right, left, right making $\frac{1}{2}$ turn over right shoulder
21-32 Mirror counts 9-20 starting with left foot

RIGHT VINE, SHUFFLE, SWITCHES & DOUBLE TIME CROSS

33 Step right to right side (stepping off on heel of foot)
34 Cross left behind right
35&36 Shuffle to right side (right-left-right)
37 Touch left heel forward
& Step left foot in place
38 Touch right heel forward
& Step right foot in place
39 Touch left heel forward
& Hook left foot over right shin
40 Touch left heel forward

& Hook left foot over right shin
41-48& Mirror counts 33 - 40& starting with left

RIGHT GRIND $\frac{1}{4}$ TURN, COASTER STEP. LEFT GRIND $\frac{1}{2}$ TURN, COASTER STEP

49 Step right heel forward turning toes in,

- 50 Grind heel $\frac{1}{4}$ right, stepping back on left foot
- 51&52 Right coaster step
- 53 Step left heel forward turning toes in,
- 54 Grind heel $\frac{1}{2}$ left, stepping back on right foot
- 55&56 Left coaster step

RIGHT SCUFF, STEP BACK, TWIST & TURN $\frac{1}{2}$ RIGHT, CROSS-BACK-RIGHT

- 57 Scuff the right foot forward
- & Hitch the knee
- 58 Step back on the right foot
- 59& With weight on the balls of both foot swivel heels $\frac{1}{4}$ to the left, then return heels to center
- 60 Swivel heels to the left, turning $\frac{1}{2}$ turn right (keep weight on the left)
- 61 Cross the right foot over the left
- & Step back on the left foot
- 62 Step right with the right foot
- 63 Scuff left foot forward
- & Scoot forward on ball of right foot
- 64 Step left foot forward

REPEAT
