

Jefferson Express (P)

COPPERKNOB
STEPPERS

拍数: 42 墙数: 0 级数: Partner
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音乐: Now I Know - Lari White



MAN'S STEPS

FORWARD, TOUCH, BACK, TOUCH

- 1 Step forward left
- 2 Touch right together
- 3 Step back right
- 4 Touch left together

OUT, TOUCH, IN, TOUCH, OUT, TOUCH

- 5 Side step left
- 6 Touch right together
- 7 Side step right
- 8 Touch left together
- 9 Side step left
- 10 Touch right together

JAZZ BOX

- 11 Step forward right
- 12 Step left across right
- 13 Step back right
- 14 Step back left

STEP, HITCH, STEP, HITCH

- 15 Step right
- 16 Hitch left
- 17 Step left
- 18 Hitch right

SHUFFLE OUT, SHUFFLE IN, SHUFFLE OUT, SHUFFLE IN

- 19&20 Shuffle right & $\frac{1}{4}$ turn left
- 21&22 Shuffle left & $\frac{1}{2}$ turn right
- 23&24 Shuffle right & $\frac{1}{2}$ turn left
- 25&26 Shuffle left & $\frac{1}{2}$ turn right

CHARLESTON RIGHT SIDE TO RIGHT SIDE

- 27 Step forward right
- 28 Hitch left
- 29 Step back left
- 30 Touch right toe back

CHARLESTON LEFT SIDE TO LEFT SIDE

- 31 Step forward right
- 32 Hitch left
- 33 Step back left
- 34 Touch right toe back

SHUFFLE RLOD, STEP, TURN

35&36 ¼ turn right & shuffle right
37 Step forward left
38 ½ turn right

STEP, HITCH, STEP, HITCH

39 Step left
40 Hitch right
41 Step right
42 Hitch left

REPEAT

LADY'S STEPS

FORWARD, TOUCH, BACK, TOUCH

1 Step forward right
2 Touch left together
3 Step back left
4 Touch right together

OUT, TOUCH, IN, TOUCH, OUT, TOUCH

5 Side step right
6 Touch left together
7 Side step left
8 Touch right together
9 Side step right
10 Touch left together

JAZZ BOX

11 Step forward left
12 Step right across left
13 Step back on left
14 Step back on right

STEP, HITCH, STEP, HITCH

15 Step left
16 Hitch right
17 Step right
18 Hitch left

SHUFFLE OUT, SHUFFLE IN, SHUFFLE OUT, SHUFFLE IN

19&20 Shuffle left & ¼ turn right
21&22 Shuffle right & ½ turn left
23&24 Shuffle left & ½ turn right
25&26 Shuffle right & ½ turn left

CHARLESTON RIGHT SIDE TO RIGHT SIDE

27 Step forward left
28 Hitch right
29 Step back right
30 Touch left toe back

CHARLESTON LEFT SIDE TO LEFT SIDE

31 Step forward left
32 Hitch right

33 Step back right
34 Touch left toe back

SHUFFLE RLOD, STEP, TURN

35&36 ¼ turn left & shuffle left
37 Step forward right
38 ½ turn left

STEP, HITCH, STEP, HITCH

39 Step right
40 Hitch left
41 Step left
42 Hitch right

REPEAT
