

J.C. (Cactus Jack's) Strut

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Cathy McDaniel (USA)
音乐: Eenie Meenie Miney Mo - The Holiday Band



MODIFIED VINE, HEEL TAPS: FOOT SWITCHES, HEEL TAPS

- 1-2 Step right to right; step left behind right
- & Step right slightly to right
- 3&4 With body angled left, tap left heel in place, lift left heel, tap left in place
- & Step left beside right while angling body to right
- 5& Touch right heel diagonally forward to right, step right beside left while angling body to left
- 6& Touch left heel diagonally forward to left, step left beside right while angling body to right
- 7&8 Tap right heel in place, lift right heel, tap right heel in place

RIGHT VINE, ROLLING LEFT VINE

- 1-2 Step right on right foot, cross left foot behind right foot
- 3-4 Step right on right foot, touch left foot beside right foot
- 5-6 Step left on left foot, cross right foot behind left foot
- 7-8 Step left ¼ turn on left foot, touch right foot beside left foot

DIAGONAL STEP, DRAG, 2 KNEE POPS, DIAGONAL STEP, DRAG, 2 KNEE POPS

- 1-2 Large step with right foot to right forward diagonal, slide left foot up to meet right
- &3 Feet are together, bend both knees, lifting heels slightly, straighten both legs, lowering heels softly
- &4 Bend both knees, lifting heels slightly, straighten both legs, lowering heels softly
- 5-6 Large step with left foot to left forward diagonal, slide right foot up to meet left
- &7 Feet are together, bend both knees, lifting heels slightly, straighten both legs, lowering heels softly
- &8 Bend both knees, lifting heels slightly, straighten both legs, lowering heels softly

TWO SYNCOPATED JUMPS BACK, TWO TOUCH STEPS

- &1-2 Step right foot to right back diagonal, touch left foot beside right, hold
- &3-4 Step left foot to left back diagonal, touch right foot beside left, hold
- 5-6 Touch right toe forward, step down on right foot
- 7-8 Touch left toe forward, step down on left foot

ONE TOE STRUT, ONE TOE STRUT ¼ LEFT, ONE TOE STRUT, ONE TOE STRUT ¼ LEFT

- 1-2 Touch right toe forward, step down on right foot
- 3-4 Touch left toe forward ¼ turn left, step down on left foot
- 5-6 Touch right toe forward, step down on right foot
- 7-8 Touch left toe forward ¼ turn left, step down on left foot (12:00 wall)

THREE SAILOR STEPS IN PLACE, LEFT SAILOR TURNING ¼ LEFT

- 1&2 Cross right foot behind left, step left slightly side left. Step right in place
- 3&4 Cross left foot behind right, step right slightly side right, step left in place
- 5&6 Cross right foot behind left, step left slightly side left, step right in place
- 7&8 Cross left foot behind right, turning ¼ to left, step right slightly side right, step left in place

REPEAT