

K Funk

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Intermediate/Advanced
编舞者: Ken Henley (USA)
音乐: When the Lights Go Out - Five



RIGHT HEEL, LEFT HEEL, CROSS, UNWIND ½ TURN, SYNCOPATED CROSS STEPS

1&2& Touch right heel forward, step right next to left, touch left heel forward, step left next to right

Variations

1&2&: Kick right forward, step right next to left, touch left heel forward, step left next to right

OR

1&2&: Touch right toe forward, step right next to left, touch left toe forward, step left next to right

3-4 Cross right over left, unwind ½ turn left

5&6 Cross/rock left over right, recover on right, step left slightly to your left

7&8 Cross/rock right over left, recover on left, touch right next to left

POINT SPIN ½ RIGHT, STEP, 2 SYNCOPATED PROGRESSIVE BODY ROLLS TO LEFT

1-2 Touch right toe to right side, on left sole spin ½ turn right stepping right next to left

&3 Step slightly back on left, cross right over left (weight should be on right foot)

4 Step left foot left (shoulder width)

&5 Step right slightly left, leading with the left shoulder push off with right as you step left to the left

6 Bump hip to left

Variation

&5-6 Step right slightly left with hip push left, keeping shoulders level shift upper torso to left, hold

&7-8 Repeat &5-6

¼ TURN RIGHT SHUFFLE, ½ TURN LEFT SHUFFLE, KICK BALL CROSS, SYNCOPATED WEAVE

1&2 Making a ¼ turn right shuffle slightly forward right, left, right

3&4 Making a ½ turn left shuffle slightly forward left, right, left

5 Make a ¼ turn right while kicking right foot forward

&6 Step right slightly right, cross left over right

&7&8 Step right slightly right, cross left foot behind right, step right foot to right, step left foot slightly forward (weight should be on left foot)

STEP RIGHT, STEP LEFT, SHUFFLE BACK, ½ TURN LEFT SHUFFLE, SHUFFLE FORWARD

1-2 Step forward right, step forward left

3&4 Shuffle back right, left, right

5&6 Turning ½ left while shuffling left, right, left

7&8 Shuffle forward right, left, right

KICK BALL TURN-STEP, STEP, TOUCH, MIRROR

1&2 Kick left foot forward, step left beside right, turn ¼ left bending knees while stepping forward right

3-4 Step left forward while turning ¼ right, touch right next left (facing 6:00)

5&6 Kick right foot forward, step right beside left, turn ¼ right bending knees while stepping forward left

7-8 Step right forward while turning ¼ left, step left next to right

REPEAT