

Just Wanna Live!

拍数: 32 墙数: 2 级数: Beginner hip hop
编舞者: Ingemar Kardeskog (SWE)
音乐: I Just Wanna Live - Good Charlotte



TAP STEP, TAP STEP, JUMP BACK, HEEL RAISE, DIP TWIST LEFT, CENTER

1-2 Tap right forward, step right in place
3-4 Tap left forward, step left in place
&5& Jump right back, jump left back (feet shoulder wide apart)
6 Raise heels
7-8 Bend knees stepping heels down twisting upper body to left, raise knees return to center weight on right

Option:

7 Bend knees
8 Raise to standing position

VINE LEFT WITH HITCH, ¼ TURN RIGHT TAP STEP, ¼ TURN RIGHT TAP SIDE STEP

1-2 Step left to left side, step right behind left
3-4 Step left to left side, hitch right
5-6 Turn ¼ right tapping right forward, step right in place
7-8 Turn ¼ right tapping left to left side, step left in place

TAP STEP, TAP STEP, JUMP BACK, HEEL RAISE, DIP TWIST LEFT, CENTER

1-2 Tap right forward, step right in place
3-4 Tap left forward, step left in place
&5& Jump right back, jump left back (feet shoulder wide apart)
6 Raise heels
7-8 Bend knees stepping heels down twisting upper body to left, raise knees return to center, weight on left

Option:

7 Bend knees
8 Raise to standing position

ROCK & CROSS TWICE, DIAGONAL STEP WITH TOUCH TWICE

1&2 Rock right to right side, & recover to left, cross right across left
3&4 Rock left to left side, & recover to right, cross left across right
5-6 Step right diagonally forward to the right, touch left beside right
7-8 Step left diagonally forward to the left, touch right beside left

REPEAT
