Just Walk It



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STEP APART RIGHT THEN LEFT, SWIVEL TOES-HEELS-TOGETHER, CROSS, UNWIND ¾ TURN LEFT, SYNCOPATED STEP-ROCK-TOGETHER

1-2	Step right foot to right side	: step left foot to left side end	ling with feet apart
1 4	Step right foot to right side	, step left foot to felt side ent	aning with root apart

3 Bring both toes inward, left toe to right and right toe to left.

& Push off balls of both feet, bring heels together.

4 Bring both toes together to face forward ending weight on left foot.

5-6 Cross right foot in front of left foot, unwind \(^3\)4 turn left ending weight on left foot.

7 Step right foot forward.& Rock back onto left foot.

8 Step right foot next to left foot ending weight on right foot.

LEFT HEEL FORWARD, DRAG, SYNCOPATED HIP ROLLS, HOLD, SYNCOPATED JUMPS IN PLACE

9 Extend left leg forward and touch left heel forward.

Drag right foot next to left foot, keeping weight onto left foot.

11&12 Roll hips two full circles (to the left)
13-14 Two steps in place- right then left.
15 Hold with weight on both feet.

&16 Jump in place twice with both feet ending weight on left foot.

TWO ½ TURNS BACK, TRIPLE IN PLACE, TWO STEPS FORWARD, SHUFFLE FORWARD

17 Pivot ½ turn right, step right foot forward.
18 Pivot ½ turn right, step left foot back.
19&20 Triple in place, stepping right-left-right.
21-22 Two steps forward- left then right.
23&24 Shuffle forward left-right-left.

THREE MARCHING STEPS BACK, STOMP TOGETHER, HOLD, HOLD & CLAP, HOLD, SYNCOPATED JUMPS IN PLACE

25-27 Three marching steps back-right, left, right.

28 Stomp left foot next to right foot. 29-31 Hold; hold with a clap, hold.

&32 Jump in place twice with both feet ending weight on left foot.

REPEAT

Variation

On counts 11&12. substitute Hip Rolls for Hip Thrust- pull fists in & out to hips twice. Use your imagination and have fun with this!

For those that don't like to do turns, on counts 17 and 18, just walk it back-right then left.