

Just This

拍数: 48 墙数: 4 级数: line/contra dance
编舞者: Helen C (UK)
音乐: Crazy Little Thing Called Love - Dwight Yoakam



ROCK FORWARD AND BACKWARDS

- 1-4 Rock forward left, recover weight back on right, step left in place, hold
- 5-6 Rock back on right, recover weight forward on left
- 7-8 Step right in place, hold

SIDE ROCKS WITH ARM SWINGS

- 1 Left side rock and swing both arms out (horizontal) to left
- 2 Recover weight on right and swing arms back to center
- 3-4 Step left in place, hold
- 5 Right side rock and swing both arms out (horizontal) to left
- 6 Recover weight on left and swing arms back to center
- 7-8 Step right in place, hold

VINES WITH HEEL SLAPS

- 1-2 Side step left, right behind left
- 2 Side step left
- 4 Right foot behind left knee and slap right heel with left hand
- 5-6 Side step right, left behind right
- 7 Side step right
- 8 Take left foot behind right knee and slap left heel with right hand

STEP TOGETHERS TO LEFT, ¼ TURN, HEEL DIG

- 1-2 Side step left, right next to left and clap
- 3-4 Side step left, right next to left and clap
- 5-6 Side step left with ¼ turn left, step right forward
- 7-8 Pivot ½ turn left, right heel forward and clap

STEP BACKWARDS WITH HEEL DIGS, SLOW COASTER STEP AND HOLD

- 1-2 Step back right, touch left heel forward and clap
- 3-4 Step left back, touch right heel forward and clap
- 5-8 Step right back, step left next to right, step right forward, hold

LEFT TOE AND HEEL DIGS WITH FINGER CLICKS AND HOLDS

- 1 Touch left toe to left side and click left fingers to left
- 2 Hitch left leg across right leg
- 3 Touch left toe to left side and click left fingers to left at same time
- 4 Hitch left leg across right leg
- 5 Touch left toe forward with bent knee and click left fingers forward
- 6-8 Hold for three counts

REPEAT