

Just Pray

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Christopher J. Spicer (USA)
音乐: Anybody Wanna Pray With Me - CeCe Winans



SCUFF STEPS, SYNCOPATED HIP BUMPS

1-2 Scuff right foot forward, step right foot slightly back
3&4& Bump hips (left, right, left, right)
5-6 Scuff left foot forward, step left foot slightly back
7&8& Bump hips (right, left, right, left)

WALK, WALK, TOUCH, STEP, LEFT COASTER, STEP ½ TURN

1-2 Walk forward (right, left)
3-4 Touch right behind left, step right back slightly
5&6 Left coaster step
7-8 Step right foot forward, complete half turn to the left (weight transfers to left foot)

STEP LOCK STEPS, ROCK STEP, ¼ TURN SYNCOPATED RIGHT VINE

1-2& Step right foot forward, step left foot behind right, step right foot forward
3-4& Step left foot forward, step right foot behind left, step left foot forward
5-6 Rock right foot forward, recover on left
7-8& Step right foot back (while completing a ¼ turn to the right), step left behind right, step right foot to right side

CROSS, STEP ¼ TURN, TOUCH, STEP, ¼ TURN SAILOR STEP, LEFT COASTER STEP

1-2 Cross left in front of right, step right foot to right side
3-4 Touch left toe to right heel while completing a ¼ turn to the left, step left foot forward
5&6 Right sailor step while completing ¼ turn to the left
7&8 Left coaster step

REPEAT