

Just One Look

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Mark Furnell (UK)
音乐: Lovely Day - Rudy B



MAMBO ¼ TURN, ROCK ¼ TURN, MAMBO ¼ TURN, ROCK ¼ TURN

1&2 Rock forward on left foot, rock back on right and step left foot to side making ¼ turn left
3&4 Rock side on right, back on left making ¼ turn left and close right foot to left
5&6 Rock forward on left foot, rock back on right and step left foot to side making ¼ turn left
7&8 Rock side on right, back on left making ¼ turn left and close right foot to left

Step 1 to 8 will make one whole turn to bring you back to your home wall

CROSS, STEP, CROSS, KICK, SAILOR ¼ TURN, JAZZ BOX, ROCK STEP

9&10& Cross left over right, step side on right, cross left over right and kick right foot forward
11&12 Step right foot behind left, step side on left foot making ¼ turn left, step forward on right
13&14 Cross left over right, step back on right, step left foot to side
15&16 Rock right foot out to right side, back on left and replace right foot next to left

SCISSOR STEP, SCISSOR ¼ TURN, SCISSOR ¼ TURN, SCISSOR ¼ TURN

17&18 Step left to left side, close right to left and cross left over right
19&20 Step right to side making ¼ turn left, step side on left and cross right over left
21&22 Step side on left making ¼ turn left, step side on right and cross left over right
23&24 Step right to side making ¼ turn left, step side on left and cross right over left

TRAVELING SCISSOR STEP TWICE, MAMBO ½ TURN, ¾ TURN AND STEP

25&26 Step side on left, close right to left and step forward left across right
27&28 Step side on right, close left to right and step forward right across left
29&30 Rock forward on left, back on right making ½ turn left and step forward on left
31&32 Step forward on right making ¼ turn left, step back on left making ½ turn left and step forward right

REPEAT
