

Just Once

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Beginner
编舞者: Christine Bass (USA) & Tom Knight (USA)
音乐: Just Once - David Lee Murphy



RIGHT VINE, LEFT VINE

- 1-4 Step right foot to right side, step left foot behind right foot, step right foot to right side, touch left foot beside right foot
- 5-8 Step left foot to left side, step right foot behind left foot, step left foot to left side, touch right foot beside left foot

TOE-HEEL STRUTS, ROCK STEP, ½ TURN RIGHT, STOMP, CLAP

- 1-4 Step right toe forward, place weight on right foot, step left toe forward, place weight on left foot
- 5-6 Rock right foot forward & recover back on left foot
- 7-8 Turn ½ over right shoulder & stomp, right foot, clap

STEP LEFT SLIDE STEP TOUCH, STEP RIGHT SLIDE STEP TOUCH

- 1-4 Step left foot forward (diagonal), slide right foot to left foot, step left foot forward, touch right,
- 5-8 Step right foot forward (diagonal), slide left foot to right foot, step right foot forward, touch left

DIAGONALLY BACK HEEL JACKS LEFT & RIGHT

- 1-4 Step left foot back (diagonal back), cross right foot over left foot, step left foot back, touch right heel forward
- 5-8 Step right foot to back (diagonal back), cross left foot over right foot, step right foot back, touch left heel forward

¼ TURN LEFT, TOE TOUCHES, JAZZ BOX

- 1-4 Step left foot to left side turning ¼ left, touch right toe to right side, cross right foot over left foot, touch left toe to left side
- 5-8 Cross left foot over right foot, step back on right foot, step left foot to left side, touch right foot next to left foot

REPEAT
