

Just Lay Around

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 2 级数: Intermediate
编舞者: Beverly D'Angelo (USA)
音乐: Lay Around and Love On You - Delbert McClinton



FORWARD WALK, RIGHT AND LEFT SAILOR SHUFFLES, RIGHT STEP, ½ PIVOT TURN

1-2 Walk forward right, walk forward left
3&4 Right sailor shuffle (right foot behind left, step left to left, step right)
5-6 Left sailor shuffle (left foot behind right, step right to right, step left)
7&8 Step forward right, ½ turn left shift weight to left

FORWARD TOE POINTS, RIGHT SCUFF HITCH CROSS UNWIND, BOUNCE BOUNCE

1-2-3-4 Point right toe forward, return right foot next to left, point left toe forward, return left foot next to right
5&6 Scuff right foot forward, hitch right foot, cross right foot behind left
7-8 Unwind ½ to right with two bounces transferring weight to the left foot

FORWARD WALK, RIGHT AND LEFT SAILOR SHUFFLES, RIGHT STEP, ½ PIVOT TURN

1-2 Walk forward right, walk forward left
3&4 Right sailor shuffle (right foot behind left, step left to left, step right)
5&6 Left sailor shuffle (left foot behind right, step right to right, step left)
7-8 Step forward right, ½ turn left shift weight to left

STEP, CROSS, HOLD, STEP CROSS, HOLD, SWAYS

&1-2 Step right foot to right, cross left foot in front of right, hold/snap right fingers
&3-4 Step right foot to right, cross left foot in front of right, hold/snap right fingers
5-6-7-8 Step right swaying hips forward, back, forward, back

2 RIGHT KICK BALL CHANGES, SIDE TOE POINTS, HOLD/SNAP

1&2 Right kick ball change (kick right forward, step right next to left, step left next to right)
3&4 Right kick ball change (kick right forward, step right next to left, step left next to right)
5&6& Point right toe to right side, step right next to left, point left toe to left side, step left next to right
7-8 Point right toe to right side, hold/snap right fingers

REPEAT
