Just Jack



编舞者: Jeni Roution & Bryan McWherter (USA)

音乐: La Bamba - Clay Walker



Sequence: A, A, A, A, B, A, B

PART A

STEP, ROCK, RECOVER, STEP, STEP, STEP, TOUCH, STEP		
	1-2	Step left foot to left side, rock right foot behind left
	3-4	Recover weight forward onto left, step right to right side
	5-6	Step left foot next to right, step right foot to right side
	7-8	Touch left toe next to right foot, step left foot next to right

JAZZ BOX, JAZZ BOX ½ TURN

1-2	Cross step right foot over left, step left foot slightly back
3-4	Step right foot slightly out to the right, step left foot next to right
5-6	Cross step right foot over left, step left foot slightly back
7-8	Step right foot ½ turn back to your right, step left foot next to right

WALK, HOLD, WALK, HOLD, JAZZ BOX 1/2 TURN, STEP

1-4	Step right foot forward, hold, step left foot forward, hold
5-6	Cross step right foot over left, step left foot slightly back

7-8 Step right foot ½ turn back to your right, step left foot slightly forward

1/2 TURN, STEP, STEP, KICK, STEP, CROSS, STEP, KICK, STEP

1-2	Turn ½ turn right step forward on right, step left next to right
3-4	Kick right foot slightly forward, step right foot slightly back
5-6	Cross step left over right, step right slightly to right
7-8	Kick left foot slightly forward, step left foot slightly back

CROSS, STEP, KICK, ROCK, STEP, STEP, ¾ TURN, STEP, BRUSH

1-2	Cross step right over left, step left slightly to left
3-4	Kick right foot forward, rock right foot back
5-6	Recover forward on left, step right foot forward turn 3/4 to your left
7-8	Step left in place, brush right foot next to left

Counts 6-8 are kind of a rock step turn. On count 6 you want to transfer your weight to your right foot and turn $\frac{3}{4}$ left, left step in place for 7, brush right next to left

STEP, LOCK, STEP, BRUSH, STEP, LOCK, STEP, TOUCH

1-2	Right step slightly forward to right diagonal, lock left behind right
3-4	Right step slightly forward to right diagonal, brush left foot next to right
5-6	Left step slightly forward to left diagonal, lock right behind left
7-8	Left step slightly forward to left diagonal, touch right foot next to left

1/2 MONTEREY TURN, HOOK, LONG STEP, SLOW DRAG, ROCK

1-2	Touch right toe out to right side, make $\frac{1}{2}$ turn to right by pivoting on left bring right into place putting weight on it
3-4	Touch left toe out to left side, hitch left knee behind
5	Long step left to left side

6-7 Slowly drag right foot to left for counts(6-7)

8 Rock right slightly to right side

This is the end of Part A. From here count one is the recover from your rock.

PART B

CROSS STEP, HOLD, STEP, HOLD, STEP, STEP TOGETHER, SWIVEL CENTER, HOLD

1-2 Cross step left ¼ turn to right over right foot, hold

3-4 Step right foot forward, hold

5-6 Step left foot forward, step right next to left

7-8 Pivoting on the balls of both feet make a ¼ turn to your left, hold

Now facing line of dance. Keep weight on left foot!

CROSS STEP, HOLD, STEP, HOLD, CROSS 1 1/4 TURN, TOUCH

1-2 Cross step right ¼ turn to left over left foot, hold

3-4 Step left foot forward, hold

5-6 Step right foot ¼ to right, step left foot forward and make a ¼ turn to right

7-8 Step right foot forward ½ turn to your right, make a ¼ turn to your right touch your left toe out

to left side

Where you should end up facing on each count:

You start off 1/4 turn left from the 12:00 wall Count 5 - 12:00 wall, count 6 - 3:00 wall Count 7 - 9:00 wall, count 8 - 12:00 wall

SAILOR STEPS, KICK, STEP, KICK, STEP, KICK, STEP CROSS

1&2	Cross step left behind right, step right slightly out to right side, step left slightly to left
3&4	Cross step right behind left, step left slightly out to left side, step right slightly to right
5&	Kick left foot slightly forward, step down onto left
6&	Kick right foot slightly forward, step down onto right
7&	Kick left foot slightly forward, step down onto left

8 Cross step right foot over left