

Just Hit Me

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Ann Young (UK)
音乐: Must Be Love - Lonestar



SIDE, BEHIND, SIDE, CROSS SHUFFLE, ROCK, RECOVER ¼ TURN, STEP, FORWARD SHUFFLE

1-2 Step right to right side, step left behind right
&3 Step right to right side, cross left over right
&4 Step right to right side, cross left over right
5&6 Rock right out to right, recover onto left turning ¼ turn left, step forward right
7&8 Shuffle forward, stepping - left, right, left

ROCK, RECOVER ¼ TURN, STEP ½ TURN PIVOT, STEP, FORWARD MAMBO, COASTER STEP

9&10 Rock forward right, recover back onto left, step right ¼ turn right
11&12 Step forward left, pivot ½ turn right, step forward left
13&14 Rock forward right, rock back on left, step right beside left
15&16 Step back on left, step right beside left, step forward left

RIGHT & LEFT SAILOR STEPS, RIGHT SHUFFLE FORWARD, STEP ½ TURN PIVOT, STEP

17&18 Cross right behind left, step left to left side, step right slightly forward right
19&20 Cross left behind right, step right to right side, step left slightly forward left
21&22 Right shuffle forward, stepping - right, left, right
23&24 Step forward left, pivot ½ turn right, step forward left

CROSS ROCK, ¼ TURN RIGHT, TRIPLE STEP FULL TURN, FORWARD MAMBO, BACK LOCK STEP

25&26 Cross rock right over left, recover back onto left, step right ¼ turn right
27&28 Make full turn right, stepping - left, right, left
29&30 Rock forward right, rock back on left, step right beside left
31&32 Step back left, lock step right across front of left, step back left

ROCK, RECOVER, SIDE, SAILOR STEP, BEHIND, SIDE, CROSS, ROCK, RECOVER, CROSS

33&34 Rock back on right, recover onto left, step right long step to right
35&36 Cross left behind right, step right to right side, step left slightly forward left
37&38 Step right behind left, step left to left side, cross right over left
39&40 Rock left out to left side, recover onto right, cross left over right

¼ TURN LEFT TWICE, CROSS, LEFT SIDE SHUFFLE, RIGHT SAILOR STEP, CROSS SHUFFLE

41&42 Make ¼ turn left stepping back right, make ¼ turn left stepping left to side, cross right over left
43&44 Left sideways shuffle, stepping - left, right, left
45&46 Cross right behind left, step left to left side, step right slightly forward right
47&48 Cross left over right, step right to right side, cross left over right

REPEAT
