

Just For You

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Intermediate
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音乐: Just for You - Lionel Richie



ROCK-RECOVER, ½ TURN SHUFFLE, HEEL-STEP-TOUCH 2X

1-2 Rock forward on right foot, recover weight to left foot
3&4 Triple step right, left, right while turning ½ turn right
5&6 Touch left heel forward, step on left foot next to right foot, touch right foot next left foot
&7&8 Step on right foot, touch left heel forward, step on left foot next to right foot, touch right foot next to left foot

SIDE-ROCK RECOVER, SAILOR STEP, ¼ TURN SAILOR STEP, SHUFFLE FORWARD RIGHT-LEFT-RIGHT

1-2 Rock right foot to right side, recover weight to left foot
3&4 Step right foot behind left foot, step left foot to left side, step left foot next to right foot
5&6 Step left foot behind right foot, step back on right foot turning ¼ turn left, step left foot next to right foot
7&8 Step forward on right, step left foot next to right foot, step forward on right foot

STEP FORWARD TOUCH, STEP BACK ¼ TURN TOUCH, SIDE-SHUFFLE LEFT & RIGHT

1-2 Step forward on left foot, touch right foot next to left foot
3-4 Step back on right foot turning ¼ turn right, touch left foot next to right foot
5&6 Step left foot to left side, step right foot next to left foot, step left foot to left side
7&8 Step right foot to right side, step left foot next to right foot, step right foot to right side

ROCK-RECOVER, SHUFFLE FORWARD, RIGHT SIDE MAMBO, LEFT SIDE MAMBO

1-2 Rock back on left foot, recover weight to right foot
3&4 Step forward on left, step right foot next to left foot, step forward on left foot
5&6 Rock right foot to right side, recover weight to left foot, step right foot next left foot
7&8 Rock left foot to left side, recover weight to right foot, step left foot next right foot

REPEAT
