

Just For Fun

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Mel Fisher (UK)
音乐: Hard Workin' Man - Brooks & Dunn



TOE STRUTS FORWARD X4, BOX STEPS TWICE

1-2 Touch right toe forward, drop right heel to floor
3-4 Touch left toe forward, drop left heel to floor
5-6 Repeat steps 1-2
7-8 Repeat steps 3-4
9-10 Cross right over left, step back on left
11-12 Step right foot $\frac{1}{4}$ turn right, step left beside right
13-14 Cross right over left, step back on left
15-16 Step right to right side, step left beside right

SYNCOPATED SWITCH ROCKS X4

17-18 Rock forward on right, replace weight on left
19-20 Rock back on right, in place on left
& Step quickly beside left with right
21-22 Rock forward on left, replace weight on right
23-24 Rock back on left, in place on right
& Step quickly beside right with left
25-26 Rock forward on right, replace weight on left
27-28 Rock back on right, in place on left
& Step quickly beside left with right
29-30 Rock forward on left, replace weight in right
31-32 Rock back on left, in place on right

LEFT SHUFFLE, ROCK, RIGHT $\frac{1}{2}$ TURN SHUFFLE TWICE ROCK, LEFT $\frac{1}{2}$ TURN SHUFFLES TWICE, ROCK

33&34 Left shuffle forward on left-right-left
35-36 Rock forward on right, in place on left
37&38 Right shuffle back, turning $\frac{1}{2}$ turn right
39&40 Left shuffle forward turning $\frac{1}{2}$ turn right
41-42 Rock back on right, in place on left
43&44 Right shuffle forward, tuning $\frac{1}{2}$ turn left
45&46 Left shuffle backwards turning $\frac{1}{2}$ turn left
47-48 Rock forward on right, in place on left

HEEL JACKS LEFT & RIGHT, STEP, $\frac{1}{2}$ TURN, SIDE ROCK

49-50 Step right foot to right side, cross left behind right
&51 Step right to right side, touch left heel diagonally forward
&52 Cross left behind right, cross right in front of left
&53 Step left to left side, touch right heel diagonally forward
&54 Step right in place, turn $\frac{1}{2}$ turn left on left foot
55-56 Rock to right side on right foot, rock to left side on left foot

ROCK STEP, COASTER STEP, ROCK STEP, COASTER STEP

57-58 Rock forward on right, in place on left
59&60 Step back on right, step left beside right, step forward on right
61-62 Rock forward on left, in place with right

63&64

Step back on left, step right beside left, step forward on left

REPEAT
