

# Just Done It

拍数: 96      墙数: 4      级数: Intermediate  
编舞者: Sue Gupwell (UK)  
音乐: Unknown



## STEP FORWARD RIGHT, SLIDE LEFT, STEP FORWARD RIGHT, TAP LEFT

- 1 Step forward on to right foot
- 2 Slide left foot to right
- 3 Step forward on to right foot
- 4 Tap left foot to right

## STEP BACK LEFT, TAP RIGHT, DOUBLE CLAP, STEP BACK RIGHT, TAP LEFT, CLAP

- 5 Step back on to left foot
- 6 Tap right next to left, clap hands twice
- 7 Step back onto right foot
- 8 Tap left next to right, clap hands

## STEP FORWARD LEFT, SLIDE RIGHT, STEP FORWARD LEFT, TAP RIGHT

- 9 Step forward on to left foot
- 10 Slide right foot to left
- 11 Step forward on to left foot
- 12 Tap right foot to left

## STEP BACK RIGHT, TAP LEFT, DOUBLE CLAP, STEP BACK LEFT, TAP RIGHT, CLAP

- 13 Step back on to right foot
- 14 Tap left next to right, clap hands twice
- 15 Step back onto left foot
- 16 Tap right next to left, clap hands

## RIGHT HEEL, LEFT HEEL

- 17 Tap right heel in front
- 18 Step back to place
- 19 Tap left heel in front
- 20 Step back to place

## RIGHT HEEL, RIGHT TOE, ½ TURN, HOOK

- 21 Tap right heel in front
- 22 Touch right toe behind
- 23 Pivot ½ turn to right on ball of left foot
- 24 Hook right foot to left knee

## STEP FORWARD RIGHT, SLIDE LEFT, STEP FORWARD RIGHT, TAP LEFT

- 25 Step forward on to right foot
- 26 Slide left foot to right
- 27 Step forward on to right foot
- 28 Tap left foot to right

## STEP BACK LEFT, TAP RIGHT, DOUBLE CLAP, STEP BACK RIGHT, TAP LEFT, CLAP

- 29 Step back on to left foot
- 30 Tap right next to left, clap hands twice
- 31 Step back onto right foot

32 Tap left next to right, clap hands

**KICK BALL CHANGE LEFT X 3, CROSS, ½ TURN**

33&34 Kick ball change left, moving left  
35&36 Kick ball change left, moving left  
37&38 Kick ball change left, moving left  
39 Cross left over right  
40 ½ turn right, transferring weight to left foot

**KICK BALL CHANGE RIGHT X 3, CROSS, ½ TURN**

41&42 Kick ball change right, moving right  
43&44 Kick ball change right, moving right  
45&46 Kick ball change right, moving right  
47 Cross right over left  
48 ½ turn left, keeping weight on left foot

**FORWARD RIGHT, SHIMMY SHOULDERS**

49 Step forward onto right foot, leaning forward slightly  
50-52 Shimmy shoulders

**LEAN BACK LEFT, ROLL SHOULDERS, JUMP & CLAP**

53-55 Transfer weight to left foot rolling shoulders back left, right, left  
56 Small jump bringing feet together, clapping hands

**VINE WITH SYNCOPATION/POINT, STEP CROSS**

57 Step right foot to right  
58&59 Cross left behind right, step right foot to right, quickly cross left over right  
60 Point right toe to right side  
61 Cross right over left  
62 Point left toe to left side  
63 Cross left over right  
64 Point right toe to right side

**RIGHT HEEL TAPS, ROCK LEFT, SHUFFLE BACK LEFT, RIGHT, LEFT**

65-68 Tap right heel to floor at right side 4 times, transferring weight to right foot on last tap  
69 Step left foot forward and rock onto it  
70 Rock back onto right foot  
71&72 Shuffle back left, right, left

**ROCK RIGHT, SHUFFLE FORWARD RIGHT, LEFT, RIGHT**

73 Step right foot back and rock onto it  
74 Rock forward onto left foot  
75&76 Shuffle forward right, left, right

**VINE WITH SYNCOPATION/POINT, STEP CROSS**

77 Step left foot to left  
78&79 Cross right behind left, step left foot to left, quickly cross right over left  
80 Point left toe to left side  
81 Cross left over right  
82 Point right toe to right side  
83 Cross right over left  
84 Point left toe to left side

**LEFT HEEL TAPS, ROCK RIGHT, SHUFFLE BACK RIGHT, LEFT, RIGHT**

85-88 Tap left heel to floor at left side 4 times, transferring weight to left foot on last tap  
89 Step right foot forward and rock onto it  
90 Rock back onto left foot  
91&92 Shuffle back right, left, right

**ROCK LEFT, SHUFFLE FORWARD LEFT, RIGHT, LEFT**

93 Step left foot back and rock onto it  
94 Rock forward onto right foot  
95&96 Shuffle forward left, right, left

**REPEAT**

---