

Just Do Your Thing

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jean Jones (UK)
音乐: Bag It Up - Geri Halliwell



WALK FORWARD, APPLEJACK, WALK FORWARD, APPLEJACK

1-2 Walk forward left, right
3&4& Applejack or swivel heels left, center, right, center
5-6 Walk forward right, left
7&8 Applejack or swivel heels right, center, left, center

RIGHT KICK, KICK, COASTER STEP, LEFT KICK, KICK, COASTER STEP

9-10 Kick right forward, right side
11&12 Step back right, back left, forward right
13-14 Kick left forward, left side
15&16 Step back left, back right, forward left

STEP ½ TURN, STEP ½ TURN, SIDE, BEHIND, SIDE CLOSE ¼ TURN

17-18 Step forward right, pivot ½ turn left
19-20 Step forward right, pivot ½ turn left
21 Step right to right side
22 Cross left behind right (bend knees & thrust arms back)
23&24 Step right side, together left, step right ¼ turn right

STEP ½ TURN, SHUFFLE, ROCK FORWARD, BACK, COASTER STEP

25-26 Step forward left, pivot ½ turn right
27&28 Step forward left, together right, forward left
29-30 Rock forward right, back left
31&32 Step back right, back left, forward right

REPEAT

TAG

Danced to Geri Halliwell's "Bag It Up" once at end of third wall only

SIDE ROCK, SAILOR STEP, SIDE ROCK SAILOR STEP

1-2 Rock out on left, in on right
3&4 Step left behind right, right side, together left
5-6 Rock out on right, in on left
7&8 Step right behind left, left side, together right

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

9-10 Rock out on left, in on right
11&12 Cross left over right, side right, cross left
13-14 Rock out on right, in on left
15&16 Cross right over left, side left, cross right