

Just Do It (Satisfy Me)

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Athena Ryan (AUS)
音乐: A Little Less Conversation - Elvis vs. JXL



ROCK FORWARD, FULL TURN TRIPLE, ROCK FORWARD, FULL TURN TRIPLE

1-2 Rock forward on left, rock back on right
3&4 Turning left, full turn triple on the spot (left, right, left)
5-6 Rock forward on right, rock back on left
7&8 Turning right, full turn triple on the spot (right, left, right)

VINE, ¼ TURN SHUFFLE, PIVOT, FULL TURN RIGHT

9-10 Step left to left side, step right behind left
11&12 Shuffle to the left, turning ¼ turn left (left, right, left)
13-14 Step forward on right pivot ½ turn, weight on left foot
15 Turning ¼ turn right step right over left
& Turning ¼ turn right step back on left
16 Turning ½ turn right step forward on right

STEP, LOCK, SHUFFLE, JAZZ BOX, SIDE SHUFFLE

17-18 Step forward on left, lock right behind left
19&20 Shuffle forward, left, right, left
21-22 Step right over left, step back on left
23&24 Shuffle to the right, right, left, right

FULL TURN, SIDE SHUFFLE, ROCK BACK, KICK BALL TOUCH

25-26 Turning full turn right cross left over right, keep weight on right foot
27&28 Shuffle to the left, left, right, left
29-30 Rock back on right, forward on left
31&32 Kick right foot 45o right, step right next to left, touch left toe next to right foot

REPEAT

TAG

Complete 9th wall (facing 3:00), then add 8 beat tag

1&2& Step left over right, step back on right, touch left heel diagonally left, step back on left
3&4& Step right over left, step back on left, touch right heel diagonally right, step back on right
5-6 Cross left over right foot, unwind full turn right
7-8 Cross left over right foot, unwind full turn right

Option: beats 5-8, do two left pivots

OPTIONS FOR TURNS

On beats 3 & 4, 7 & 8: do coaster steps

On beats 13,14,15 & 16: pivot, shuffle forward