

# Just Do It

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Kelly Hinds (AUS)  
音乐: Put Your Heart Into It - Sherrié Austin



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## HIP BUMPS, SHUFFLE, SHUFFLE

1-4            Step right foot to side & bump hips right-left-right-left  
5&6            Shuffle forward left, right, left  
7&8            Shuffle forward right, left, right

## HIP BUMPS, SAILOR, SAILOR

9-12           Step left foot to side & bump hips left-right-left-right  
13&14          Cross right behind left, step left to side, step right to side  
15&16          Step left behind right, step right to side, step left to side

## UNWIND, PIVOT, TOE STRUT, TOE STRUT

17-18          Cross right foot across left, unwind  $\frac{3}{4}$  to the left  
19-20          Step right forward, pivot  $\frac{1}{2}$  turn to the left  
21-24          Step forward on right toe, drop right heel down step forward on left toe, drop left heel down

## DOUBLE KICK, SHUFFLE, DOUBLE KICK, SHUFFLE

25-26          Kick right foot forward twice or hinge kick right forward  
27&28          Shuffle forward right, left, right  
29-30          Kick left foot forward twice or hinge kick left forward  
31&32          Shuffle forward left, right, left

## DOUBLE KICK BALL CHANGE, CANTER

33&34          Kick right forward, step right back, step left forward  
35&36          Repeat above 2 beats  
&37&38          Step right to side, step left to side, step right to center, step left together  
&39&40          Repeat above 2 beats

## DOUBLE PIVOT, TOE STRUT, TOE STRUT

41-44          Step right forward, pivot  $\frac{1}{2}$  to the left, step right forward, pivot  $\frac{1}{2}$  to the left  
45-46          Right toe forward, bring right toe down  
47-48          Left toe forward, bring left toe down

## REPEAT

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