

Just Bump It

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Beginner
编舞者: Bobby Joe Meadows (USA)
音乐: Sho' Enough - Tommy Castro



STEP SLIDE STEP TOUCH, STEP SLIDE STEP, STEP

- 1-4 Step right foot forward toward right corner, slide left foot together with right foot, step right foot forward toward right corner, touch left foot beside right foot
- 5-8 Step left foot toward left corner, slide right foot together with left foot, step left foot toward left corner, step right foot together with left

BUMP HIPS RIGHT 4 TIMES, BUMP HIPS LEFT 4 TIMES

- 9-12 Bump hips right & right & right & right
- 13-16 Bump hips left & left & left & left

CROSS STEP BOUNCE HEELS, CROSS STEP BOUNCE HEELS

- 17-20 Step right foot across in front of left foot, bounce up and down on both heels 4 times
- 21-24 Step left foot across in front of right foot, bounce up and down on both heels 4 times

VINE RIGHT TOUCH, WALK AROUND ½ TURN LEFT

- 25-28 Step right foot to the right side, step left foot behind right foot, step right foot to right side, touch left foot beside right foot
- 29-32 Step left foot ¼ turn left, step right foot beside left foot, step left foot ¼ turn left, step right beside left foot

STEP SLIDE STEP TOUCH, STEP SLIDE STEP

- 33-36 Step left foot toward left corner, slide right foot together with left foot, step left foot toward left corner, touch right foot together with left foot
- 37-40 Step right foot toward right corner, slide left foot together with right foot, step right foot toward right corner, step left foot beside right

BUMP HIPS LEFT 4 TIMES, BUMP HIPS RIGHT 4 TIMES

- 41-44 Bump hips left & left & left & left
- 45-48 Bump hips right & right & right & right

CROSS STEP BOUNCE HEELS, CROSS STEP BOUNCE HEELS

- 49-52 Step left foot across in front of right foot, bounce up and down on both heels 4 times
- 53-56 Step right foot across in front of left, bounce up and down on both heels 4 times

VINE LEFT, VINE RIGHT ½ TURN RIGHT

- 57-60 Step left to the left side, step right behind the left, step left to the left side, touch right beside the left
- 61-64 Step the right to the right side, step the left behind the right, turn ½ turn right and step the right foot forward, step the left foot beside the right

REPEAT