

# Just Be Yourself

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate/Advanced  
编舞者: Alan Birchall (UK)  
音乐: Be Yourself - Enrique Iglesias



## CHARLESTON, STEP, ½ PIVOT, STEP, ¼ PIVOT

1-2      Touch right toe forward, step back on right  
3-4      Touch left toe back, step forward on left  
5-6      Step forward on right, ½ pivot left (6:00)  
7-8      Step forward on right, ½ pivot left (12:00)

## ¼ SIDE SHUFFLE, STEP, ½ PIVOT, FORWARD SHUFFLE, FULL TURN

1&2      Step right to right, step left by right, step right to right making ¼ turn right (3:00)  
3-4      Step forward on left, ½ pivot right (9:00)  
5&6      Step forward on left, step right by left, step forward on left  
7-8      Making ½ turn left step back on right, making ½ turn left step forward on left

## STEP, TAP, 'SCOOT' BACK, ½ TURN, STEP, TAP, 'SCOOT' BACK, STEP, STEP

1-2      Step forward on right, tap left behind right  
&3-4      Scoot back on right, step back on left, making ½ turn right step forward on right (3:00)  
5-6      Step forward on left, tap right behind left  
&7-8      Scoot back on left, step back on right, step back on left

## 'SQUAT' BUMPS MAKING ¼ TURN TWICE, CROSS, BACK, BEHIND, SIDE, POINT

1-2      Weight on left 'squat down' bump hips back, stand up bump hips forward making ¼ turn left (weight on right 12:00)  
3-4      Weight on left 'squat down' bump hips left, stand up bump hips right making ¼ turn left (weight on right 9:00)  
5-6      Cross left over right, step back on right  
&7-8      Step left to left, cross right over left, point left to left

## FULL TURN BACKWARDS, STEP, POINT, TOUCH, STEP, BEHIND, SIDE CROSS, UNWIND ¾

1-2      Make full turn left (backwards) stepping left by right  
3-4      Point right out to right, touch right by left  
5-6      Step right to right, cross left behind right  
&7-8      Step right to right, cross left over right, unwind ¾ turn right (6:00)

## ¼ TURN, HINGE TURNS HOLD X 3

1-2      Making ¼ turn right, step left to side, hold (9:00)  
3-4      Make ½ hinge turn right step right to right, hold (3:00)  
5-6      Make ½ hinge turn left, step right to right, hold (9:00)  
7-8      Make ½ hinge turn left, step left to left, hold (3:00)

## FRONT SAILOR, ¾ FRONT SAILOR TURN, MAMBO, COASTER, STEP

1&2      Cross right over left, step left to left, step right by left  
3&4      Cross left over right, making ¼ turn left step right to right, making ½ turn left step left by right (9:00)  
5&6      Rock forward on right, recover on left, step back on right  
&7-8      Step left by right, step forward on right, step forward on left

## HEEL BALL CROSS, ROCK, BOUNCE TURN, ¼ TURNING HEEL SWITCH'S, KICK BALL STEP

1&2      Touch right heel forward, step right by left, cross left over right

3-4 Make ½ turn right bouncing heels twice (3:00)  
5&6 Touch right heel forward, step right by left making ¼ turn right, touch left heel forward (6:00)  
&7&8 Step left by right, kick right foot forward, step right by left, step forward on left

**REPEAT**

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