

Yeh Yeh Yeh

拍数: 160 墙数: 4 级数: Intermediate
编舞者: Karen Dower (UK)
音乐: Yeh, Yeh, Yeh - Melanie C



Sequence: ABC, ABC, ABCC

SECTION A

TOE/HEEL STRUT, TOE/HEEL STRUT, SHUFFLE, ROCK, REPLACE

1-2 Right step to right side (on toes of foot only), lower heel to floor
3-4 Step left across right (on toes of foot only), lower heel to floor
5&6 Shuffle right, left, right
7-8 Rock back on left foot, replace weight to right foot

TOE/HEEL STRUT, TOE/HEEL STRUT, SHUFFLE, ROCK, REPLACE

9-10 Left step to left side (on toes of foot only), lower heel to floor
11-12 Step right across left (on toes of foot only), lower heel to floor
13&14 Shuffle left, right, left
15-16 Rock back on right foot, replace weight to left foot

JAZZ BOX TURN RIGHT, 2 SAILOR SHUFFLES

17-18 Cross right foot over left, step back left
19-20 Step right turn right stepping to right side, close left to right
21&22 Cross right behind left, step left to left side, step right in place
23&24 Cross left behind right, step right to right side, step left in place
25-32 Repeat counts 17-24 to face the back wall
33-64 Repeat the above 1-32 counts again to complete Section A

SECTION B

FORWARD TOUCH, STEP BACK TOUCH, FLICK BALL CHANGE TWICE

1-2 Step forward right, touch left foot to right (optional clap)
3-4 Step back left, touch right foot to left (optional clap)
5&6 Right flick, ball change
7&8 Right flick, ball change

ROLLING GRAPEVINE WITH A TOUCH, ROLLING GRAPEVINE WITH A TOUCH

9-10 Step right, on ball of right foot pivot ?turn right stepping back left
11-12 On ball of left foot pivot turn right stepping right to right side, touch left foot to right
13-14 Step left turn left, on ball of left foot pivot ?turn left stepping back right
15-16 On ball of right foot pivot turn left stepping left to left side, touch right foot to left

WALK FORWARD RIGHT, LEFT, FORWARD RIGHT COASTER STEP, WALK BACK LEFT, RIGHT, BACK LEFT COASTER STEP

17-18 Walk forward right, left
19&20 Step forward right, step left next to right, step back on right
21-22 Walk back left, right
23&24 Step back left, step right next to left, step forward on left

SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT

25&26 Shuffle right, left, right
27&28 S huffle left, right, left

STEP FORWARD RIGHT ?PIVOT TURN LEFT, STEP FORWARD RIGHT ?PIVOT TURN LEFT

29-30 Step forward right foot, pivot ?left ending with weight on left foot

- 31-32 Step forward right foot, pivot ?left ending with weight on left foot
33-64 Repeat the above 1-32 counts again to complete Section B

SECTION C

MONTEREY TURN, RIGHT SIDE BEHIND & HEEL BALL CROSS

- 1-2 Touch right foot to right side, close right foot to left foot making ?turn right
3-4 Touch left foot to left side, close left foot to right foot
5-6 Step right to right side. Cross left behind right
&7 Step slightly back on right, tap left heel diagonally forward
&8 Step ball of left beside right. Cross right over left

LEFT SIDE BEHIND & HEEL BALL CROSS, MONTEREY TURN

- 9-10 Step left to left side, cross right behind left
&11 Step slightly back on left, tap right heel diagonally forward
&12 Step ball of right beside left, cross left over right
13-14 Touch right foot to side, close right foot to left foot making ?turn right
15-16 Touch left foot to left side, close left foot to right foot

RIGHT SIDE SHUFFLE, ROCK REPLACE, LEFT FLICK-BALL CHANGE TWICE

- 17&18 Shuffle right, left, right
19-20 Rock back on left foot, replace weight to right foot
21&22 Left flick, ball change
23&24 Left flick, ball change

LEFT GRAPEVINE WITH A TOUCH, SYNCOPATED OUTS & INS

- 25-26 Step left to left side, cross right behind left
27-28 S tep left to left side, touch right beside left
&29 Step out on left, step out on right
&30 Step in on left, step in on right
&31 Step out on left, step out on right
&32 Step in on left, touch right beside left

Rolling grapevine can be changed to just a grapevine for those who don't like turns
