

I'm Gonna?

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Lana Harvey Wilson (USA)
音乐: I'm Gonna Knock On Your Door - Curtis Grambo



Note: Start on the word 'Knock'

1/2 PIVOT, FWD, 2 CLAPS, 1/2 PIVOT, FWD, 1 CLAP

1-2 Step L fwd, 1/2 pivot right weight ending on R
3&4 Step L fwd, hold and clap twice
5-6 Step R fwd, 1/2 pivot left weight ending on L
7-8 Step R fwd, hold and clap once

TOE TOUCHES, 1/4 TURN COASTER, FWD ROCK, RECOVER, 1/4 TURN WALK FWD

9-10 Touch L toe forward, touch L toe to left side
11&12 Turning 1/4 left step back on L, step R next to L, step forward on L
13-14 Rock forward on R, recover weight back on L
15-16 Turning 1/4 right step R forward, step L forward

FWD ROCK, SHUFFLE 1/2 TURN, SIDE ROCK, CROSS SHUFFLE

17-18 Rock forward on R, recover back L
19&20 Shuffle RLR in place turning 1/2 right
21-22 Side rock L, recover on R
23&24 Cross step L over R, step R slightly R, cross step L over R

SIDE SHUFFLE BACK ROCK, RECOVER x2

25&26 Shuffle RLR to right side
27-28 Rock back on L behind R, recover forward on R
29&30 Shuffle LRL to left side
31-32 Rock back on R behind L, recover forward on L

STEP, KICK, STEP, KICK, 1/4 TURN JAZZ SQUARE WITH SCUFF

33-34 Step R, kick L across R
35-36 Step L, kick R across L
37-38 Step R across L, step back on L
39-40 Turn 1/4 right stepping back on R, scuff L forward

ROCKING CHAIR, WALK FWD, HOLD/CLAP

41-42 Rock forward on L, recover back on R
43-44 Rock back on L, recover forward on R
45-48 Walk or stomp forward, L, R, L, hold (optional clap)

1/2 TURN MONTEREY, TOUCH, 1/4 PIVOT HOOK, SHUFFLE

49-50 Touch R to right, 1/2 turn right stepping R next to L
51-52 Touch L to left, step L next to R
53-54 Touch R to right, turn 1/4 right on ball of L and hook R over L
55&56 Shuffle forward RLR

ROCK FWD, RECOVER, WALK BACK, ROCK BACK, RECOVER, WALK FWD

57-58 Rock forward on L, recover back on R
59-60 Walk back L, R
61-62 Rock back on L, recover forward R

63-64

Walk forward L, R.

BEGIN AGAIN
