

ZZ's Little Lu Lu

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数:
编舞者: Susan Brooks (USA)
音乐: Sleeping Bag - ZZ Top



RIGHT -HEEL BACK CROSS, SIDE HEEL & HOLD

1&2 Extend right heel forward & pull right foot back, cross left over right
&3-4 Step right to right side, extend left heel forward, hold and clap

LEFT-HEEL BACK CROSS, SIDE HEEL & HOLD

5&6 With left extended forward & pull left foot back, cross right over left
&7-8 Step left to left side, extend right heel forward, hold and clap

RIGHT- BACK CROSS, BACK CROSS, SIDE HEEL, BACK CROSS

&9&10 Pull right foot back, cross left over right, (twice)
&11 Step right to right side, extend left heel forward
&12 Pull left foot back, cross right over left

SHUFFLE ¼ RIGHT, SHUFFLE ½ LEFT

13&14 Step left with left, step right ¼ with right, step left
15&16 Step forward right turning ½ left & step forward left, step right

Next 16 counts reverse of above (with two ¼ turns)

LEFT -HEEL BACK CROSS, SIDE HEEL & HOLD

17&18 Extend left heel forward & pull left foot back, cross right over left
&19-20 Step left to left side, extend right heel forward, hold and clap

RIGHT-HEEL BACK CROSS, SIDE HEEL & HOLD

21&22 With right heel extended, pull right foot back, cross left over right
&23-24 Step to right with right, extend left heel forward, hold and clap

LEFT- BACK CROSS, BACK CROSS, SIDE HEEL, BACK CROSS

&25&26 Pull left foot back, cross right over left (twice)
&27 Step left with left, extend right heel forward
&28 Pull right foot back, cross left over right

SHUFFLE ¼ LEFT, SHUFFLE ¼ RIGHT

29&30 Step right with right, step left ¼ left, step right
31&32 Step forward left turning ¼ right & step right, step forward left

OUT OUT, BACK CROSS, TURN ½ RIGHT CLAP, SHUFFLE BACK RIGHT AND LEFT

&33 Step to right with right, step left with left
&34 Pull right foot back, cross left over right
35-36 Turn to right ½ on balls of both feet, clap on count 36
37&38 Step back on right, bring left to right, step back right
39&40 Step back left, bring right to left, step back left

STEP-SLIDE-STEP CLAP, STEP-SLIDE-STEP CLAP (WITH ATTITUDE)

41-42 Step forward right, slide left to right
43-44 Step forward right, touch left next to right and clap
45-46 Step forward left, slide right to left
47-48 Step forward left, touch right next to left and clap

REPEAT
