

Zydeco Shuffle

拍数: 68 墙数: 4 级数:
编舞者: Graham Dunn (AUS)
音乐: Blow the Zydeco - Chris Jagger



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- 1-4 Chicken walk (heel split, toe split, toes together, heels together. Done with knees bent)
5-10 Right 45, cross right over left, right 45, kick right heel back, right 45, right to neutral
11-14 Chicken walk
15-20 Left 45, cross left over right, left 45, kick left heel back, left 45, touch left toe back
21-24 Montana kick
- 25-30 Step left toe forward, drop heel, step right toe forward, drop heel, step left toe forward, drop heel
31-34 Touch right heel forward, right toe back, turn ½ right, right brush up
35-38 Step right forward, lock left behind, step right forward, stomp left to neutral
39-44 Place right foot in front of left & turn ¼ left, cross right over left & unwind ½ left, heel taps x 2
- 45-50 Traveling chicken walk x 3 to the right
51-56 Step right in front & pivot ½ left, step right in front & pivot ½ left, step right, left
57-62 Traveling chicken walk x 3 to the left
63-68 Step right in front & pivot ½ left, step right in front & pivot ½ left, step right, left

REPEAT

Traveling chicken walk is

- 1-4 Toe split, heel split. Toes in, heels in. Transfer weight to ball & heel of alternate feet to move in required direction.
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