

# Zombie Nation

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: William Ambrose (UK)  
音乐: Zombie Nation - Kernkraft 400



All song suggestions are from the Ministry Of Sound album. This is one of those albums where the songs mix into each other. I would suggest that you put the track you use on repeat so that you know when to stop dancing. There is a 16 count intro for Zombie Nation from the moment the song starts.

## SHUFFLE RIGHT FORWARD, ½ TURN RIGHT SHUFFLE LEFT BACK, FULL TURN RIGHT, ½ TURN RIGHT SHUFFLE RIGHT FORWARD

- 1&2            Step forward on right, close left beside right, step forward on right  
3&4            On ball of right foot turn a ½ turn right while stepping left back, close right beside left, step back on left  
5-6            On ball of left turn a ½ turn right stepping right forward, on ball of right turn a ½ turn right stepping left back  
7&8            On ball of left foot turn a ½ turn right while stepping right forward, close left beside right, step right forward

## SIDE CLOSE, CHASSE LEFT, BACK SLIDE, SHUFFLE RIGHT BACK

- 9-10           Step left to left side, close right beside left,  
11&12          Step left to left side, close right beside left, step left to left side  
13-14          Step back on right, slide left beside right  
15&16          Step back on right, close left beside right, step back on right

## RUNNING MAN STEPS FORWARD, LEFT FORWARD ROCK, TRIPLE STEP A ¾ TURN LEFT

- &                Hitch left leg while slightly sliding right in place backwards  
17&18          Step left leg down, hitch right leg while slightly sliding left in place backwards, step right leg down  
&19&20          Repeat &17&18  
&                Hitch left leg while slightly sliding right in place backwards  
21-22          Rock forward on left, rock back on right  
23&24          Triple step a ¾ turn left stepping left, right, left

## RIGHT KICK BALL TOUCH, LEFT KICK CROSS UNWIND A ½ TURN RIGHT, RIGHT SAILOR STEP, LEFT SAILOR STEP

- 25&26          Kick right foot forward, step right in place, touch left toe to left side  
27&28          Kick left foot forward, cross left over right, unwind a ½ turn right, (weight ends on left foot)  
29&30          Step right behind left, step left in place, step right back to place  
31&32          Step left behind right, step right in place, step left back to place

## REPEAT