

# Zero To 60

拍数: 32      墙数: 2      级数: Intermediate  
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音乐: You Ain't Seen Nothing Yet - Bachman-Turner Overdrive



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## FORWARD WALK, FORWARD SHUFFLE, PIVOT, BACK WALK, BACK SHUFFLE

1-2            Step forward on right foot; step forward on left foot  
3&4            Shuffle forward (right, left, right)  
&              Pivot ½ turn to the right on ball of right foot  
5-6            Step back on left foot; step back on right foot  
7&8            Shuffle back (left, right, left)

## TURNING BACK STEP, TOUCH, TURNING SHUFFLE, ¾ TURN TO THE LEFT, CROSSOVER SHUFFLE

9-10           Step back a ¼ turn to the right on right foot; touch left foot next to right  
11&12          Side shuffle to the left (left, right, left) making a ¼ turn to the left with these steps  
13-14          Step forward on right foot and begin a ¾ turn to the left traveling forward, step to the left on left foot and complete ¾ turn to the left  
15&16          Cross right foot over left and step; step to the left on left foot; cross right foot over left and step

## SIDE ROCK STEP, SAILOR SHUFFLE, KICK-STEP-POINT, SYNCOPATED STEP, MONTEREY TURN

17-18          Step to the left on left foot; rock to the right onto right foot in place  
19&20          Cross left foot behind right and step; step slightly to the right on right foot; step slightly to the left on left foot  
21&22          Kick right foot forward; step right foot next to left; touch (point) left toe to the left  
&              Step left foot next to right  
23-24          Touch right foot to the right; pivot ¼ turn to the right on ball of left foot and step right foot next to left

## FORWARD SHUFFLES, ROCK STEP, PIVOT, FORWARD SHUFFLE

25&26          Shuffle forward (left, right, left)  
27&28          Shuffle forward (right, left, right)  
29-30          Step forward on left foot; rock back onto ball of right foot  
&              Pivot ½ turn to the left on ball of right foot  
31&32          Shuffle forward (left, right, left)

**REPEAT**

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