

Zabadak

拍数: 32 墙数: 4 级数: Improver
编舞者: 7daniel77
音乐: Zabadak - Saragasso Band



RIGHT KICKS & SAILOR STEP, LEFT KICKS & SAILOR STEP

1-2 Kick right over left, kick right to side
3&4 Cross right behind left, step left to side, step right in place
5-6 Kick left over right, kick left to side
7&8 Cross left behind right, step right to side, step left in place

WALK FORWARD, RIGHT LOCK FORWARD, STEP ½ RIGHT, LEFT LOCK FORWARD

1-2 Step right forward, step left forward
3&4 Step right forward, lock left behind right, step right forward
5-6 Step left forward, turn ½ right (weight to right)
7&8 Step left forward, lock right behind left, step left forward

CROSS ROCK, CHASSE TURN ¼ RIGHT, ROCK RECOVER, COASTER STEP

1-2 Cross/rock right over left, recover to left
3&4 Step right to side, step left together, turn ¼ right and step right forward
5-6 Rock left forward, recover to right
7&8 Step left back, step right together, step left forward

STEP ½ PIVOT LEFT, RIGHT LOCK FORWARD, FULL TURN, LEFT LOCK FORWARD

1-2 Step right forward, turn ½ left (weight to left)
3&4 Step right forward, lock left behind right, step right forward
5-6 Turn ½ right and step left back, turn ½ right and step right forward
7&8 Step left forward, lock right behind left, step left forward

REPEAT
