Your Choice (P)



编舞者: Jeff Mills (UK) & Thelma Mills (UK) 音乐: Some Beach - Blake Shelton



Position: Facing LOD, Man Inside, Lady Outside, Holding Inside Hands. Opposite Footwork Throughout, Man's Footwork Listed, Unless Stated

WALK TWICE, SHUFFLE, ½ STEP PIVOT TURN, ¼ TRIPLE TURN

1-2 Walk left, right

3&4 Left shuffle forward left-right-left

5-6 Step forward on right, pivot ½ turn left to face RLOD Release inside hands and pick up opposite hands, man's left to lady's right

7&8 ½ triple turn left right-left-right to face OLOD Finish in Double Open Hand Position facing each other

SAILOR STEP, SAILOR STEP 1/4 TURN, SHUFFLE, 1/4 STEP PIVOT TURN

9&10 Step left behind right, step right to right side, step left to left side

11&12 Step right behind left, step left ¼ turn right to face RLOD, step right forward

Release man's right, lady's left hand

13&14 Left shuffle forward left-right-left

15-16 Step forward on right, pivot ¼ turn left to face OLOD

Finish with left shoulders opposite each other

WALK FORWARD TWICE, ½ TRIPLE TURN, WALK FORWARD TWICE, ¾ TRIPLE TURN

17-18 Walk forward right, left to change sides passing left shoulder to left shoulder, taking arms

over lady's head

19&20 ½ triple turn left right-left-right to face ILOD

21-22 Walk forward left, right, to change sides passing left shoulder to left shoulder taking arms

over lady's head

23&24 ¾ triple turn left left-right-left to face LOD

Release hands and pick up inside hands, man's right to lady's left

MAN: ROCK STEP, SHUFFLE, WALK ¼ TURNS TWICE, TRIPLE STEP / LADY: ½ STEP PIVOT TURN, SHUFFLE, WALK ¼ TURNS TWICE, TRIPLE STEP

25-26 MAN: Step and rock forward on right, recover back on left, taking arms over lady's head

LADY: Step forward on left, pivot ½ turn right to face RLOD

27&28 MAN: Shuffle backwards right-left-right

LADY: Shuffle forward left-right-left

Change and pick up inside hands, right hand to right hand

29-30 MAN: Step left ¼ turn right, step right ¼ turn right, to go behind lady and change sides to

face RLOD

LADY: Step right ¼ turn left, step left ¼ turn left, go under arms to change sides and face

LOD

31&32 **MAN:** Triple step in place left-right-left

LADY: Triple step in place right-left-right

HEEL SWITCHES, WALK 1/4 ROTATION, TWICE

Touch right heel forward, step right next to left, touch left heel forward, step left next to right

35-36 Walk right, left rotating ¼ turn to the right to face ILOD

37&38& Touch right heel forward, step right next to left, touch left heel forward, step left next to right

39-40 Walk right, left rotating ½ turn to the right to face LOD

MAN: ROCK STEP, LADY: ½ STEP PIVOT TURN, BOTH: SHUFFLE, STEP TOUCH TWICE

41-42 MAN: Step and rock back on right, recover forward on to left, taking arms over lady's head

LADY: Step forward on left, pivot ½ turn right to face LOD

Go into Right Side By Side

43&44 Right shuffle forward right-left-right 45-46 Step left to left, touch right next to left

Release Side By Side and pick up inside hands, man's right to lady's left

47&48 Step right to right, touch left next to right

REPEAT