

# Young At Heart

COPPER KNOB  
STEPSHETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Sue MacFarlane (CAN)  
音乐: Not Too Young, Not Too Old - Aaron Carter



## HIP BUMPS, SIDE, BEHIND, LEFT SHUFFLE

1-4            Step right slightly forward and bump hips 4 times to right  
**On each bump forward, snap fingers, while raising arms upwards**  
5-6            Step left to the left side, step right behind left  
7&8            Step left to the left side, step right beside left, step left to the left side

## TOUCH, CROSS, KICK BALL TOUCH, CROSS, ¼ BACK, SHUFFLE SIDE

1-2            Touch right toe to the right side, cross right over left  
3&4            Kick left forward, step left beside right, touch right to the side  
5-6            Cross right over left, step back on the left making ¼ turn right  
7&8            Step right to the side, step left beside left, step right to the side

## TOUCH, COASTER STEP, OUT, OUT, HEEL, TOES, HEELS

1-2            Touch left toe forward, drop left heel as you pivot ¼ turn right  
3&4            Step back on the right, step left beside right, step forward on the right  
5-6            Step left to the side, step right to the side  
7&8            Bring both heels in, bring both toes in, then heels in (feet should be together at this point)

**Variation: out, out, in, in, for counts &7&8**

## WALK, WALK, ROCK & STEP, WALK, WALK, ROCK & STEP

1-2            Step back on the right, step back on the left  
3&4            Step back on the right, recover weight on the left, recover weight on the right  
5-6            Step back on the left, step back on the right  
7&8            Step back on the left, recover weight on the right, recover weight on the left

**Optional: Roger Rabbits for count 1-8**

**REPEAT**

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