

# You've Finally Made It

COPPER KNOB  
BY STEPHEN METZ

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Daniel Griffiths (UK)  
音乐: Rise And Fall - Craig David & Sting



- 1-2            Walk forward right left  
3&4           Step turn step (right forward, pivot  $\frac{1}{2}$  left, step right forward)  
&5&6          Turn  $\frac{3}{4}$  left, crouch, rise from floor, cross left over right  
**The crouch is optional**  
&7&8          Unwind  $\frac{3}{4}$  right to face front, jump back, pop knees up, flatten feet
- &1            Bring left leg to right leg, cross left over right  
2            Unwind  $\frac{3}{4}$  right and step forward right  
3&4           Left forward, pivot  $\frac{1}{2}$  right, step left forward (step turn step)  
5&6           Full triple forward right, left, right  
&7-8          Press left toe forward, rock weight onto left toe, rock weight back to right
- 1&2           Triple  $\frac{1}{2}$  turn left and step left, right, left  
3-6           Full turn on 4 walks (step right forward,  $\frac{1}{2}$  turn left and step left behind, step right to right side  
 $\frac{1}{2}$  completing full turn, cross left over right)  
7&8           Touch right toe to right, lunge onto right toe, touch right toe next to left
- 1&2           Point right toe to right, switch to point left toe to left side  
3&4           Point right toe to right diagonal, roll knee twice  
5-6           Step left forward, pivot  $\frac{1}{2}$  turn right and step right forward  
7-8&          Step left to left side turning  $\frac{1}{4}$  turn left, slide right foot to left, pop right knee

**REPEAT**

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