

You've Finally Made It

COPPER KNOB
BYEFOOTETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Daniel Griffiths (UK)
音乐: Rise And Fall - Craig David & Sting



- 1-2 Walk forward right left
3&4 Step turn step (right forward, pivot $\frac{1}{2}$ left, step right forward)
&5&6 Turn $\frac{3}{4}$ left, crouch, rise from floor, cross left over right
The crouch is optional
&7&8 Unwind $\frac{3}{4}$ right to face front, jump back, pop knees up, flatten feet
- &1 Bring left leg to right leg, cross left over right
2 Unwind $\frac{3}{4}$ right and step forward right
3&4 Left forward, pivot $\frac{1}{2}$ right, step left forward (step turn step)
5&6 Full triple forward right, left, right
&7-8 Press left toe forward, rock weight onto left toe, rock weight back to right
- 1&2 Triple $\frac{1}{2}$ turn left and step left, right, left
3-6 Full turn on 4 walks (step right forward, $\frac{1}{2}$ turn left and step left behind, step right to right side
 $\frac{1}{2}$ completing full turn, cross left over right)
7&8 Touch right toe to right, lunge onto right toe, touch right toe next to left
- 1&2 Point right toe to right, switch to point left toe to left side
3&4 Point right toe to right diagonal, roll knee twice
5-6 Step left forward, pivot $\frac{1}{2}$ turn right and step right forward
7-8& Step left to left side turning $\frac{1}{4}$ turn left, slide right foot to left, pop right knee

REPEAT
