

You're The Inspiration

COPPER KNOB
BY STEPHENETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Niels Poulsen (DK)
音乐: You're the Inspiration - Chicago



BASIC RIGHT, SIDE LEFT, TURN 5/8 RIGHT WALKING RIGHT LEFT RIGHT, BACK BACK TURN 1/2 LEFT, TURN 5/8 LEFT

- 1-2& Step right to right side, close left behind right, cross right in front of left 12:00
3-4& Step left to left side, turn 5/8 right on left stepping forward on right (7:30), step forward on left 7:30
5-6& Rock forward on right, recover weight back to left, step back on right
7-8& Turn 1/2 left stepping forward on left, turn 1/8 left stepping right to right side, turn 1/2 left stepping left to left 6:00

CROSS ROCK, & WEAVE RIGHT, ROCK LEFT FORWARD, & TURN 3/4 LEFT INTO BASIC RIGHT

- 1-2& Cross rock right over left, recover left, & step small step back on right 6:00
3&4& Cross left over right, step right to right side, cross left behind right, step right to right side
5-6& Rock left forward, recover right, turn 1/2 left on right stepping left forward 12:00
7-8& Turn 1/4 left stepping right to right side, close left behind right, cross right in front of left 9:00

BIG STEP LEFT, BEHIND SIDE CROSS TOUCH, FULL UNWIND LEFT, SWEEP RIGHT IN FRONT, BACK TWINKLES TWICE

- 1-2& Step left big step to left side, cross right behind left, step left to left side
3-4 Cross touch right over left, unwind 1/2 left on left 3:00
5-6& Unwind another 1/2 turn left on left sweeping right in front of left, cross right over left (body angled towards 7:30), step left back towards 3:00 9:00
7-8& Step right back towards 1:30 (body angled towards 10:30), cross left over right, step back on right towards 3:00 (body angled towards 9:00) 9:00

DIAGONAL STEP BACK LEFT, CROSS ROCK RIGHT WITH 1/4 RIGHT FORWARD, TURNING VINE, STEP 1/2 TURN LEFT STEP, WALKS RIGHT LEFT RIGHT

- 1-2& Step left back towards 4:30 (body angled towards 7:30), cross rock right over left, recover left 9:00
3-4& Turn 1/4 right stepping forward on right, turn 1/4 right stepping left to left side, cross right behind left 3:00
5-6& Turn 1/4 left stepping forward on left, step forward on right, turn 1/2 left (weight left) 6:00
7-8& Walk forward right, walk forward left *(note: 2nd and 3rd restart occur here), walk forward right 6:00

HALF DIAGONAL FALLAWAY (HALF DIAMOND BOX), BASIC LEFT, SIDE RIGHT, LEFT COASTER

- 1-2& Step left to left side, cross right diagonally behind left (facing 7:30), continue moving diagonally backwards stepping back on left 7:30
3-4& Turn 1/8 right stepping right to right side (facing 9:00), cross left diagonally over right (facing 10:30), continue stepping diagonally forward on right 10:30
5-6& Turn 1/8 right stepping left to left side (facing 12:00), close right behind left, cross left over right 12:00
7-8& Step right to right side, step back on left, step right next to left

STEP FORWARD LEFT, KICK RIGHT FORWARD, CROSS, SPIRAL TURN LEFT, BASIC RIGHT, TURN, TURN CROSS

- 1-2 Step forward on left, kick right forward and upwards (straighten leg as you kick) 12:00
3-4 Cross right over left, unwind full turn left on left foot (note: 1st restart occurs here)
5-6& Step right to right side, close left behind right, cross right in front of left

7-8& Turn $\frac{1}{4}$ right stepping back on left, turn $\frac{1}{4}$ right stepping right to right side, cross left over right
6:00

REPEAT

RESTART

Restart on 2nd wall after count 44 (facing 6:00)

Restart on 4th wall after count 32 (facing 6:00)

Restart on 5th wall after count 32 (facing 12:00)
