

You're Still With Me

COPPER KNOB
BY STEPHENETS

拍数: 0 墙数: 1 级数: Intermediate
编舞者: DQ Johnson (USA)
音乐: Not a Day Goes By - Lonestar



Sequence: A, B, A, B, Tag, B, B

PART A (VERSE)

SIDE-ROCK-RECOVER (X 3), ROCK, ¼ TURN RIGHT

1-2& Step side right, rock left behind right, recover weight right in place
3-4& Step side left, rock right behind left, recover weight left in place
5-6& Step side right, rock left behind right, recover weight right in place
7-8 Rock forward on left, recover weight right making a ¼ turn right (3:00)

ROCK-RECOVER, LOCK STEPS BACK, COASTER STEP, ¼ TURN RIGHT

1-2& Rock forward on left, recover weight right, small step back on left (on left diagonal)
3-4& Cross right over left, small step back on left, step back on right (on right diagonal)
5-6 Cross left over right, small step back on right
7&8& Step back on left, step right together, step left forward, step right into ¼ turn right (6:00)

CROSS-ROCK (X 3), ¾ TURN LEFT

1-2& Rock left over right, recover weight right, step side left
3-4& Rock right over left, recover weight left, step side right
5-6 Rock left over right, recover weight right
7&8 Step left ¼ turn left, step right ½ turn left, step back left (9:00)

COASTER STEP, STRIDES, ROCK-RECOVER, ¼ LEFT, STEP, ¼ LEFT

1&2 Step back on right, step left together, step right forward
3-4 Stride left forward, stride right forward
5-6 Rock left forward, recover weight right
7&8 Step left into ¼ turn left, step right forward, step left into ¼ turn left (3:00)

WEAVE, ROCK, ¼ TURN RIGHT, RUN, ROCK, ¼ TURN RIGHT

1&2&3-4 Cross right over left, step side left, cross right behind left, step side left, cross right over left, rock side left, making a slow ¼ turn right
5&6 Recover weight right, step left together, step right forward (this is a "run" toward the 6:00 wall)
7-8 Rock left forward, recover weight right making a ¼ turn right (9:00)

WEAVE, ROCK, ¼ TURN LEFT, RUN, ROCK, ½ TURN LEFT

1&2&3-4 Cross left over right, step side right, cross left behind right, step side right, cross left over right, rock side right, making a slow ¼ turn left
5&6 Recover weight left, step right together, step left forward (this is a "run" toward the 6:00 wall)
7-8 Rock right forward, recover weight left making a ½ turn left (12:00)

PART B (CHORUS)

SWAYS, TWO FULL TURNS, ROCK-RECOVER, BEHIND-SIDE-CROSS

1-2 Sway right, sway left
3& Step right to right starting a full turn right, step on left to complete full turn right

This turn travels toward 3:00 wall and ends facing 12:00 wall

4& Repeat 3&

If you prefer not to do these two full turns, travel toward the 3:00 wall with these steps:

- 3&4& Step side right, step left together, step side right, step left together
- 5-6 Rock side right, recover weight left
- 7&8 Cross right behind left, step side left, cross right over left (12:00)

SWAYS, TWO FULL TURNS, ROCK-RECOVER, BEHIND-SIDE-FORWARD

- 1-2 Sway left, sway right
 - 3& Step left to left starting a full turn left, step on right to complete full turn left
- This turn travels toward 9:00 wall and ends facing 12:00 wall**

- 4& Repeat 3&

If you prefer not to do these two full turns, travel toward the 9:00 wall with these steps:

- 3&4& Step side left, step right together, step side left, step right together
- 5-6 Rock side left, recover weight right
- 7&8 Cross left behind right, step side right, step left forward (12:00)

ROCK-RECOVER, ¼-TOGETHER-¼, STEP, ½ TURN RIGHT, SIDE & CROSS

- 1-2 Rock forward on right, recover weight left
- 3&4 Step side right into ¼ turn right, step left together, step side right into ¼ turn right (6:00)
- 5-6 Step left forward, turn ½ right (weight on right) (12:00)
- 7&8 Rock side left, recover weight right, cross left over right

ZIGZAG FORWARD, ROCK-RECOVER & DRAG BACK

- 1&2&3&4& Rock side right, recover weight left, cross right over left, rock side left, recover weight right, cross left over right, rock side right, recover weight left

This is a zigzag pattern that travels forward

- 5-6 Rock forward on right, recover weight left
- &7-8 Step right together, step back on left, dragging right foot, step back on right, dragging left foot (12:00)

TOUCH, ½ TURN LEFT, STEP, ½ TURN LEFT, SWAYS

- 1-2-3-4 Touch left back, turn ½ left (weight on left), step right forward, turn ½ left (weight on left)
- 5-6 Sway right, sway left (12:00)

The second time you do Part B, omit the final two counts (sway right, sway left), then do the tag

TAG

SIDE-ROCK-RECOVER (X 3), ROCK LEFT, RECOVER RIGHT

- 1-2& Step side right, rock left behind right, recover weight right in place
- 3-4& Step side left, rock right behind left, recover weight left in place
- 5-6& Step side right, rock left behind right, recover weight right in place
- 7-8 Rock left on left, recover weight right (no turn) (12:00)

CROSS-ROCK (X 3), LONG STEP LEFT

- 1-2& Rock left over right, recover weight right, step side left
- 3-4& Rock right over left, recover weight left, step side right
- 5-6 Rock left over right, recover weight right
- 7-8 Long step to the left on left, slowly drag right foot to left (weight stays on left) (no turn) (12:00)

Arms: on count 7, extend arms down at sides with fingers out, palms facing back, then as he holds the note on the word "way" slowly bring arms up in front of body (palms toward body) to cross wrists at chest level as you curl fingers into fists (fingers towards body). Then start Part B

The third time you do Part B (which is after the Tag), but before you start the zigzag pattern on count 25, add two counts

- 1-2 Sway right, sway left

After you do the zigzag pattern and drags back (counts 25-32), omit counts 32-38, and instead add one more drag back (step back on left, dragging right foot), then start Part B again

(Whenever you hear the chorus "Not a day goes by" you will be starting Part B.)

To finish facing front (original starting wall), the fourth time you do Part B, do the first 8 counts of Part B, slow down with the music, and add one more step (forward on left), extending arms forward at waist level with

palms up, and hold that pose as the music fades

Special thanks to my friend Patti Kraft for the fun of making sure that we always "Finish Facing Front"
