

# You're My Jamaica

COPPER KNOB  
BY STEPHEN BRETZ

拍数: 64      墙数: 2      级数: Improver social cha  
编舞者: Paul Lipinski (USA) & Noel Castle (AUS)  
音乐: You're My Jamaica - Charley Pride



## RIGHT FORWARD PIVOT ½ LEFT, SHUFFLE RIGHT-LEFT-RIGHT, LEFT FORWARD PIVOT ½ RIGHT, SHUFFLE LEFT-RIGHT-LEFT (12:00)

1-2            (Starts weight on left) step right forward, pivot left ½ turn on left foot (6:00)  
3&4           Step right forward, step left together, step right forward  
5-6           Step left forward, pivot ½ turn right on right foot (12:00)  
7&8           Step left forward, step right together, step left forward

## CROSS ROCK RIGHT OVER LEFT, RECOVER BACK LEFT, TRIPLE RIGHT-LEFT-RIGHT, CROSS ROCK LEFT OVER RIGHT, RECOVER BACK RIGHT, ½ LEFT TRIPLE (6:00)

1-2            Cross rock right over left, recover weight on left (on diagonal 10:30)  
3&4           Step right beside left, step left in place, step right in place (recovering to 12:00)  
5-6           Cross rock left over right, recover weight on right (on diagonal 1:30)  
7&8           Step left back starting ½ turn left, close right to left, step left completing turn (6:00)

## CROSS RIGHT OVER LEFT, STEP LEFT SIDE, TRIPLE ¾ RIGHT RIGHT-LEFT-RIGHT, LEFT TO DIAGONAL SWAYING HIPS LEFT-RIGHT, SWAY HIPS LEFT-RIGHT-LEFT (3:00)

1-2            Cross right over left, step left side  
3&4           Step right back starting ¾ turn right, step left next to right, step right to right completing ¾ turn (3:00)  
5-6           Step left slightly forward on diagonal (1:30) swaying hips forward/left, recover weight right swaying hips back/right  
7&8           With feet in same position sway hips forward/left - back/right - forward/left, weight ends on left

Optional: for counts 5-8, on the 2nd, 4th, and 5th walls (during the chorus) hold arms out to sides as if you were trying to keep your balance on a rocking ship. Lyrics are "... When I'm being tossed on a stormy sea")

## CROSS ROCK RIGHT OVER LEFT, RECOVER BACK LEFT, ¼ RIGHT & SIDE SHUFFLE RIGHT-LEFT-RIGHT, CROSS LEFT OVER RIGHT STEP RIGHT SIDE, LEFT SAILOR (6:00)

1-2            Cross rock right over left, recover weight on left  
3&4           Step right to right making a ¼ turn right (6:00), step left together, step right to right  
5-6           Step left over right, step right to right  
7&8           Sailor step left behind right, step right to right, step left next to right

## ROCK RIGHT FORWARD, RECOVER BACK LEFT, SHUFFLE ½ RIGHT RIGHT-LEFT-RIGHT, ROCK LEFT FORWARD, RECOVER BACK RIGHT, SHUFFLE ½ LEFT LEFT-RIGHT-LEFT (6:00)

1-2            Rock forward on right, recover weight on left  
3&4           Step right starting ½ turn right, close left to right, step right completing turn (turning shuffle)(12:00)  
5-6           Rock forward on left, recover weight on right  
7&8           Step left starting ½ turn left, step right next to left, step left completing turn (turning shuffle) (6:00)

Optional: on the 2nd, 4th, and 5th walls (during the chorus) hold arms out to sides, shoulder height, with hands open upwards for this shuffle turn (7&8) and the next shuffle turn (1&2). Lyrics are "... Where I could spend eternity"

## SHUFFLE ½ LEFT RIGHT-LEFT-RIGHT, ROCK LEFT BACK, RECOVER RIGHT FORWARD, WALK FORWARD LEFT-RIGHT, SHUFFLE ½ RIGHT LEFT-RIGHT-LEFT (6:00)

1&2            Step right starting ½ turn left, step left next to right, step right completing turn (turning shuffle) (12:00)

- 3-4 Rock back on left, recover weight on right
- 5-6 Walk forward left-right
- 7&8 Step left starting ½ turn right, step right next to left, step left completing turn (turning shuffle) (6:00)

**ROCK RIGHT BEHIND LEFT, RECOVER LEFT, SIDE SHUFFLE RIGHT-LEFT-RIGHT, ROCK LEFT BEHIND RIGHT, RECOVER RIGHT, SIDE SHUFFLE LEFT-RIGHT-LEFT (6:00)**

- 1-2 Rock step right behind left, recover weight on left
- 3&4 Step right side, step left next to right, step right side
- 5-6 Rock step left behind right, recover weight on right
- 7&8 Step left side, step right next to left, step left side

**RIGHT TO DIAGONAL SWAYING HIPS RIGHT-LEFT, SWAY HIPS RIGHT-LEFT-RIGHT, LEFT TO DIAGONAL SWAYING HIPS LEFT-HOLD, CIRCLE HIPS TO THE LEFT (6:00)**

- 1-2 Step right slightly forward on diagonal (1:30) swaying hips forward/right, recover weight left swaying hips back/left
- 3&4 With feet in same position sway hips forward/right - back/left - forward/right, weight ends on right
- 5-6 Step left slightly forward on diagonal (10:30) while swaying hips forward/left, hold on count 6
- 7-8 Keeping weight on left circle hips to the left (to the left)

**Optional: on counts 7-8 while circling hips put left hand on your abdomen and hold right hand up in the air**

**REPEAT**

**TAG**

**At end of second wall. You are facing front. (music is instrumental only) repeat steps 1-8 & steps 57-64**

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