

You Light Up My Life

COPPERKNOB
STEPSHEETS

拍数: 42 墙数: 2 级数: Intermediate waltz
编舞者: Luke van der Meer (AUS)
音乐: You Light Up My Life - LeAnn Rimes



- 1-3 Step right foot back, step left foot back beside right foot, step right foot forward
4-6 Step left foot forward, step right foot beside left, step left foot in place
- 7-9 Step foot back, touch left foot beside right, rock left foot out to the left side
10-11 Rock weight back onto right foot, turning ½ turn back left, step left foot forward
12 Step right foot forward
- 13-14 Step left foot forward, pivot ¼ turn right (taking weight onto right foot)
15 Step/cross left foot in front of right
16-17 Rock right foot out to the right side, rock weight back onto the left foot
18 Step/cross right foot in front of left
- 19-20 Turning ¼ turn right step left foot back, step right foot back
21 Slide left foot back to touch beside right foot (keep weight on right foot)
22-23 Step left foot forward, step right foot forward turning around ½ turn left
24 Step left foot forward around a further ½ turn back left (full turn spin forward stepping left-right-left)
- 25-26 Step right foot forward, pivot ¼ turn left (taking weight onto left foot)
27 Step/cross right foot in front of left
28-29 Rock left foot out to the left side, rock weight back onto right foot
30 Step/cross left foot in front of right
- 31-33 Turning ¼ turn left step right foot back, step left foot beside right, step right foot forward
34-35 Step left foot forward turning ½ turn left, step right foot back
36 Step left foot beside right (changing weight onto left foot)
- 37-38 Step right foot back, step left foot beside right (taking weight onto left foot)
39 Step right foot in place
40-41 Step left foot forward turning ½ turn left, step right foot back
42 Step left foot beside right (changing weight onto left foot)

REPEAT

TAG

At the end of the dance on walls 1, 3, and 5

- 1-2 Step right foot back, hook left heel up in front of right knee
&3 Stepping forward onto left foot, step right foot forward
4-5 Step left foot forward, hook right heel up behind left knee
&6 Stepping back onto right foot, step left foot back

Also, on the 6th wall or 6th time you do the dance, you will notice the music slowing down and stopping for a short period. Here you finish doing the first 21 beats of the dance (this should be on the words "my") then hold there where you are at wait for the words "life" to be sung before continuing the dance as you normally would. Dance should finish on beat 33 after this break.