

You Lied

拍数: 24 墙数: 0 级数:
编舞者: Lynne Flanders (USA)
音乐: You Lied - Lauren Cook & Sierra



Position: Indian Position

WALTZ RIGHT, TURN, WALTZ FORWARD & BACK, TURN

- 1 Step right foot to right
- 2 Step left foot together
- 3 Step right foot together
- & Turn ¼ right (3:00)

Left side by side

- 4 Step left foot forward
- 5 Step right foot together
- 6 Step left foot together
- 7 Step right foot back
- 8 Step left foot together
- 9 Step right foot together
- & Turn ¼ left (12:00)

Indian position

WALTZ LEFT, TURN, WALTZ FORWARD & BACK, TURN

- 10 Step left foot left
- 11 Step right foot together
- 12 Step left foot together
- & Turn ¼ left (9:00)

Right side by side

- 13 Step right foot forward
- 14 Step left foot together
- 15 Step right foot together
- 16 Step left foot back
- 17 Step right foot together
- 18 Step left foot together
- & Turn ¼ right (12:00)

Indian position

Steps #19-24 have 3 different patterns. All are Indian Position. Dance steps 1-18 & do Pattern A. Repeat 1-18 & do Pattern B. Repeat 1-18 & do Pattern C. Start over again.

PATTERN "A" = ROCK STEPS

- 19 Step right foot to right
- 20 Cross step left foot behind
- 21 Rock step right foot forward
- 22 Step left foot to left
- 23 Cross step right foot behind
- 24 Rock step left foot forward

PATTERN "B" = STEP, KICKS

- 19 Step right foot to right
- 20 Cross kick left foot in front
- 21 Hold
- 22 Step left foot to left
- 23 Cross kick right foot in front
- 24 Hold

PATTERN "C" = STEP, SLIDES

- 19 Step right foot to right
- 20 Slide left foot together "draw"
- 21 Hold
- 22 Step left foot to left
- 23 Slide right foot together "draw"
- 24 Hold

REPEAT
