You Gotta Dance

拍数: 64

级数: Intermediate

编舞者: Bob Boesel (USA)

音乐: Some Days You Gotta Dance - The Chicks

Special Thanks to Claudette Leslie and Tom Araujo for recommending this music

ROCK FORWARD, ROCK BACK, STEP BACK, TOGETHER, FORWARD, TOUCH, BACK, TOUCH

Rock forward right, rock back left, step back right, step together left, step forward right, touch 1-8 left next to right, step back on left, touch right next to left

TOE-HEEL ¼ TURN, TOE-HEEL ¼ TURN, TOE-HEEL ¼ TURN, ROCK, RECOVER

Touch right toe forward into ¼ turn right, snap right heel down, touch left toe to side into ¼ 1-8 turn right, snap left heel down, touch right toe back into 1/4 turn right, snap right heel down, cross left over right, recover weight on right

TOE-HEEL ¼ TURN, TOE-HEEL ½ TURN, TOE-HEEL, ¼ TURN, ROCK, RECOVER

1-8 Turn ¼ left and touch left toe, snap left heel down, touch right toe forward into ½ turn left snap right heel down, touch left toe back into 1/4 turn left, snap left heel down, cross right over left, replace weight left

6 COUNT WEAVING VINE RIGHT, ROCK, 1/4 TURN LEFT

Step to side on right, cross left over right, step to side on right, cross left behind right, step to 1-8 side on right, cross left over right, rock to side on right, step to side on left into 1/4 turn left

ROCK, RECOVER, STEP FORWARD, HOLD, ROCK, RECOVER, STEP FORWARD, HOLD

Rock to side on right, replace weight on left, step forward on right, hold, rock to side on left, 1-8 replace weight on right, step forward on left, hold

STEP FORWARD, KICK, STEP BACK, KICK, ROCK, RECOVER, TAP, TAP

Step forward on right, kick left forward, step back on left, kick right forward, rock back on 1-8 right, replace weight on left, tap right next to left, tap right next to left

ROCK FORWARD, ROCK BACK, TAP, TAP, STEP, PIVOT, STEP, PIVOT

Rock forward on right, replace weight on left, tap right next to left, tap right next to left, step 1-8 forward right, pivot 1/2 left, step forward right, pivot 1/2 left

HIP BUMPS RIGHT, LEFT, ROCK, RECOVER, ½ TURN, ROCK, RECOVER, ½ TURN

1-8 Bump hips to right, bump hips to left, rock forward on right, replace weight on left, turn 1/2 turn to right onto right, rock forward on left, replace weight on right, turn 1/2 to left onto left

REPEAT

RESTARTS

The first restart occurs on the 2nd wall. You will dance through 56 counts and restart.

The 2nd occurs on the 4th wall; you will dance through 48 counts and restart. Both of these patterns start on the back wall, but you will be facing the front wall for the restart.

The last restart (3rd) occurs on the 5th wall. You will dance through count 52 and restart. The music pauses as you approach the restart. Keep dancing and you will hit the beat on the two taps (51 -52) and restart.

THE FINISH

For a fun ending you will only dance sections A-B (16 counts) on the 7th pattern (you will end facing 9:00). The final 4 counts are:

1 Step left into 1/4 turn left





墙数: 2

Pivot ½ left on ball of left and step right together- you will now be facing the front wall (12:00)
Stomp left in place
Stomp right in place