

You Fell In What?

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Colin Tremain (UK)
音乐: Don't Ruin It For The Rest Of Us - Brad Paisley



TOUCH, KICK, CROSS COASTER, FORWARD ROCK, COASTER

1-2 Touch right toe together, kick right diagonally forward
3&4 Cross right over left, step left back, step right forward
5-6 Rock forward on right, rock back on left
7&8 Step back on left, step back on right, step forward on left

FORWARD ROCK, SHUFFLE ½ TURN, CROSS, BACK, ¼ TURN, TOUCH

1-2 Rock forward on right, rock back on left
3&4 Triple ½ right stepping right, left, right
5-6 Cross left over right, step back on right
7-8 Step left ¼ turn to left, touch right toe beside left

STEP, PIVOT ½ TURN, FORWARD SHUFFLE, SIDE MAMBO, KICK BALL CROSS

1-2 Step forward on right, pivot turn left onto left
3&4 Step forward on right, close left beside right, step forward on right
5&6 Step left to left, rock onto right, step left beside right,
7&8 Kick right forward, step right beside left, cross left over right

BACK, CROSS, BACK, SIDE, TOUCH, SAILOR ¼ TURN, HIP SWAY

&1-2 Step back on right, cross left over right, step back on right
3-4 Step left to left, touch right beside left
5&6 Step right behind left, step left to left, step right ¼ turn right
7-8 Step left to left swaying hips left, right

SIDE SHUFFLE, BACK, ROCK, SIDE SHUFFLE, ¾ TURN

1&2 Step left to left, close right to left, step left to left
3-4 Rock back on right, rock forward on left
5&6 Step right to right, close left to right, step right to right
7-8 Step left ½ turn left, step right ¼ turn left

CROSS SHUFFLE, SIDE, ROCK, KICK BACK STEP, KICK BACK TOUCH

1&2 Cross shuffle stepping left over right, right to right, left over right
3-4 Step right to right (facing right diagonal), rock onto left in place
5&6 Kick right to right diagonal, step back on right, step back on left
7&8 Kick right to right diagonal, step back on right, touch left beside right

KICK, SWEEP ½ TURN, FORWARD SHUFFLE, SIDE, ROCK, SAILOR STEP

1-2 Kick left forward, turn ½ on ball of right sweeping left, left
3&4 Shuffle forward stepping right, left, right
5-6 Step right to right, rock onto left in place
7&8 Step right behind left, step left to left, step right in place

SHUFFLE ½ TURN, BEHIND UNWIND ½ TURN, TOUCH, KICK, CROSS COASTER

1&2 Triple ½ turn right stepping left, right, left
3-4 Touch right behind left, unwind ½ turn right (weight on right)
5-6 Touch left beside right, kick left forward to left diagonal

7&8

Cross left over right, step back on right, step forward on left

REPEAT
