

You Dropped The Bomb On Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner straight rhythm
编舞者: Irene Groundwater (CAN)
音乐: You Dropped the Bomb On Me - The Gap Band



ROCK FORWARD, ROCK BACK, RIGHT FORWARD SHUFFLE, SCUFF

1-2 Rock right forward, recover on left
3-4 Rock right back, recover on left
5-6 Step right forward, step left together
7-8 Step right forward, scuff left forward

Option:

5 Extend arms forward
6 Pull arms back
7 Extend arms forward

ROCK FORWARD, ROCK BACK, LEFT FORWARD SHUFFLE, SCUFF

1-2 Rock left forward, recover on right
3-4 Rock left back, recover on right
5-6 Step left forward, step right together
7-8 Step left forward, scuff right forward

Option:

5 Extend arms forward
6 Pull arms back
7 Extend arms forward

SIDE, TOGETHER, ¼ TURN RIGHT, SCUFF, HIP, HIP, HIP, HOLD

1-2 Step right to side, step left beside right
3-4 Turn ¼ right and step right forward, scuff left forward
5-6 Step left to side (bump hips left), bump hips right
7-8 Bump hips left, clap

Option:

4 Raise right hand overhead and wave to the left on left hip pushes

SIDE, TOGETHER, ¼ TURN RIGHT, SCUFF, HIP, HIP, HIP, HOLD

1-2 Step right to side, step left beside right
3-4 Turn ¼ right and step right forward, scuff left forward
5-6 Step left to side (bump hips left), bump hips right
7-8 Bump hips left, clap

Option:

4 Raise right hand overhead and wave to the left on left hip pushes

REPEAT
