

You Dancin'? You Askin'?

拍数: 48 墙数: 4 级数:
编舞者: Eddie McIntosh (SCO)
音乐: Living for the Weekend - The Borderers



CROSS SHUFFLE ¼ LEFT, LEFT SHUFFLE ¼ LEFT, CROSS SHUFFLE ¼ LEFT, LEFT SHUFFLE ¼ LEFT

1&2 Step right over left turning ¼ left and step left beside right, step forward right
3&4 Turning ¼ left step forward left and step right beside left, step forward left
5&6 Step right over left turning ¼ left and step left beside right, step forward right
7&8 Turning ¼ left step forward left and step right beside left, step forward left

ROCK FORWARD, RECOVER, RIGHT COASTER STEP, ROCK FORWARD, RECOVER, LEFT COASTER STEP

9-10 Rock forward on right, recover on left
11&12 Step back right and step left beside right, step forward right
13-14 Rock forward left, recover on right
15&16 Step back left and step right beside left, step forward left

On rock forward, bend knees slightly and on steps 13,14, place both hands on left knee and slide hands up while straightening up. (similar to smoothing up your panty hose or stockings)

TOE, HEEL, CROSS & CROSS, TOE, HEEL, CROSS & CROSS

17-18 Touch right toe pointing in to left instep, touch right heel beside left toe
19&20 Step right over left and step left to left, step right over left
21-22 Touch left toe pointing in to right instep, touch left heel beside right toe
23&24 Step left over right and step right to right, step left over right

ROCK FORWARD, RECOVER, BACK SHUFFLE, ROCK BACK, RECOVER, FORWARD SHUFFLE

25-26 Rock forward on right, recover on left
27&28 Step back on right and step left beside right, step back right
29-30 Rock back on left, recover on right
31&32 Step forward on left and step right beside left, step forward left

SHUFFLE ¼ RIGHT, LEFT SHUFFLE ¼ RIGHT, SHUFFLE ¼ RIGHT, LEFT SHUFFLE ¼ RIGHT

33&34 Step right ¼ turn right and step left beside right, step forward right
35&36 Step left over right turning ¼ right and step right beside left, step forward left
37&38 Step right ¼ turn right and step left beside right, step forward right
39&40 Step left over right turning ¼ right and step right beside left, step forward left

SIDE, TOGETHER, CHASSE RIGHT, CROSS ROCK, RECOVER, LEFT ¼ TURN SHUFFLE

41-42 Step right to right, step left beside right
43&44 Step right to right and step left beside right, step right to right
45-46 Cross rock left over right, recover on right
47&48 Step left ¼ turn left and step right beside left, step forward left

REPEAT