

You Can Fly

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate
编舞者: David Pytka (USA)
音乐: Born To Fly (Single Edit) - Sara Evans



If using album version, end dance at 3:40 when song goes strictly instrumental.

WALK FORWARD RIGHT & LEFT, STEP-LOCK-STEP, SIDE, TOUCH, RIGHT SIDE SHUFFLE

1-2 Walk forward on right, walk forward on left
3&4 Step right forward, step left behind right (locking), step right forward
5-6 Step left with left, touch right toe next to left
7&8 Step right with right, step left next to right, step right with right

LEFT ROCK BACK, LEFT ½ TURN RIGHT SHUFFLE, HEEL SWITCHES, QUICK RIGHT HEEL-BALL-CROSS

9-10 Rock back on left, recover on right
11&12 Shuffle left, right, left making ½ turn right
13&14 Tap right heel forward, step right next to left, tap left heel forward
&15&16 Step left next to right, tap right heel forward, step right next to left, cross left over right

½ RIGHT MONTEREY TURN, ROCK-STEP-CROSS, BRUSH HITCH STOMP, ¼ TURN LEFT HEEL BOUNCES

17-18 Point right to right, pivot ½ turn right and step together right
19&20 Rock left to left, recover on right, cross left over right
21&22 Brush right forward, hitch right leg, stomp right forward
&23 Lift heels up & turning 1/8 turn left, drop heels
&24 Lift heels up & turning 1/8 turn left, drop heels (weight ends on right)

POINT LEFT & RIGHT, ¼ TURN RIGHT SAILOR SHUFFLE, STEP-LOCK-STEP, ½ TURN LEFT PADDLE TURN

25&26 Point left to left, step left next to right, point right to right
27&28 Cross right behind left, step left to left making ¼ turn right, step right slightly forward and right
29&30 Step left forward, step right behind left (locking), step left forward
&31 Hitch right leg, pivot ¼ turn left on ball of left and touch right to right side
&32 Hitch right leg, pivot ¼ turn left on ball of left and touch right to right side

REPEAT
