

# You Can Do

拍数: 0                      墙数: 0                      级数:  
编舞者: Chatti the Valley (ES)  
音乐: Lucky (Lucky Twice) - Austin Texas Country Club



Sequence: AA, BCBC, A, BCBC, A(1-40), BCC, BCC  
Dedication: to my daughter Núria, for the first year in the university

## SECTION A

### RIGHT SHUFFLE, LEFT ROCK STEP, LEFT COASTER STEP, LEFT STEP TURN

- 1&2                      Step forward on right, close left beside right, step forward on right  
3-4                      Step forward on left, rock/return weight on right  
5&6                      Step back left, step right beside left, step forward left  
7-8                      Step forward on right (6:00), ½ turn left & weight on left

### RIGHT CHASSE, LEFT ROCK STEP, LEFT CHASSE, RIGHT BACK ROCK STEP

- 9&10                     Step right to right side, close left beside right, step right to right side  
11-12                    Step forward on left, rock/return weight on right  
13&14                    Step left to left side, close right beside left, step left to left side  
15-16                    Step backward on right, rock/return weight on left  
17-32                    Repeat the same 16 counts (1-16)

### RIGHT SHUFFLE ½ TURN, LEFT BACK ROCK STEP, LEFT GRAPEVINE

- 33&34                    ¼ turn left & step right to right side, step left beside right, ¼ turn left & step back on right (6:00)  
35-36                    Step backward on left, rock/return weight on right  
37-38                    Step left to left side, cross right behind left  
39-40                    Step left to left side, touch right beside left

### RIGHT GRAPEVINE, LEFT SHUFFLE ½ TURN, RIGHT BACK ROCK STEP

- 41-42                    Step right to right side, cross left behind right  
43-44                    Step right to right side, touch left beside right  
45&46                    ¼ turn right & step left to left side, step right beside left, ¼ turn right & step back on left (12:00)  
47-48                    Step backward on right, rock/return weight on left

## SECTION "B"

### RIGHT STEP, HOLD, HIP BUMP TWICE, LEFT STEP, HOLD, HIP BUMP TWICE

- 1-2                      Step forward on right, hold  
3-4                      Hip bump right, hip bump right  
5-6                      Step forward on left, hold  
7-8                      Hip bump left, hip bump left

### RIGHT SIDE TOE TOUCH, HOLD, LEFT HEEL TOUCH, CLOSER, LEFT SIDE TOE TOUCH, HOLD, RIGHT TOUCH & KICK

- 9-10                     Touch right toe to right side, hold  
&11-12                    Step right beside left, touch left hell forward, step left beside right  
13-14                    Touch left toe to left side, hold  
15&16                    Step left beside right, touch right beside left, kick right forward

## SECTION "C"

### RIGHT CHASSE, LEFT SHUFFLE ½ TURN, RIGHT KICK BALL CROSS TWICE

- 1&2 Step right to right side, close left beside right, step right to right side  
3&4 ¼ turn left & step left to left side, step right beside left, ¼ turn left & step forward on left (6:00)  
5&6 Kick right forward, step right beside left, cross left over right  
7&8 Kick right forward, step right beside left, cross left over right

**RIGHT SIDE ROCK STEP, LEFT WEAVE, LEFT SIDE ROCK STEP, RIGHT WEAVE**

- 9-10 Step right to right side, rock/return weight on left  
11&12 Cross right behind left, step left to left side, cross right over left  
13-14 Step left to left side, rock/return weight on right  
15&16 Cross left behind right, step right to right side, cross left over right

**When the song finish at the end of last Section C, added a right stomp**

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