

You Can Dance

COPPER KNOB
BY STEPSHEETS

拍数: 0 墙数: 1 级数: Phrased Intermediate
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音乐: Save the Last Dance For Me - Michael Bublé



Sequence: AAB, AB, AAB (see note at end of step sheet)

PART A:

RHUMBA BOX: SIDE LEFT, STEP TOGETHER, STEP FORWARD, HOLD; SIDE RIGHT, STEP TOGETHER, STEP BACK, HOLD

- 1-4 Step left to left side, slide right next to left, step left forward, hold (weight on left)
5-8 Step right to right side, slide left next to right, step back on right, hold (weight on right)

BACK COASTER STEP, HOLD; ROCK FORWARD, RECOVER, ½ RIGHT, HOLD

- 1-4 Step back on left, bring right next to left, step forward on left, hold (weight on left)
5-8 Rock forward on right, recover back on left, make ½ turn right, hold (weight on right)

ROCK FORWARD, RECOVER, ½ TURN LEFT, HOLD; CROSS, ¼ RIGHT, ¼ TURN RIGHT, HOLD

- 1-4 Rock forward on left, recover back on right, make ½ turn left and turn body to left diagonal, hold (weight on left)
5-8 Cross right over left, make ¼ turn right by stepping back on left, make ¼ turn right as you step right to right side, hold (you will have completed a ½ turn right)

CROSS, SIDE STEP, STEP TOGETHER, HOLD; CROSS, ¼ TURN RIGHT, ¼ TURN RIGHT, HOLD

- 1-4 Cross left over right, step right to right side and slightly raise up on balls of both feet, step left next to right and lower body as you angle body slightly to left diagonal, hold
5-8 Cross right over left, make a ¼ turn right by stepping back on left, make ¼ turn right as you step right to right side (you will have completed a ½ turn right), hold

CROSS, SIDE STEP, STEP TOGETHER, HOLD; CROSS, SIDE STEP, STEP TOGETHER. HOLD

- 1-4 Cross left over right, step right to right side and slightly raise up on balls of both feet, step left next to right and lower body as you angle body slightly to left diagonal, hold
5-8 Cross right over left, step left to left side and slightly raise up on balls of both feet, step right next to left and lower body, as you angle body slightly to right diagonal, hold

CROSS, SIDE, BEHIND, SWEEP; BEHIND, SIDE, CROSS, HITCH ¼ TURN RIGHT

- 1-4 Cross left over right, step right to right side, step left behind right, as you touch right to floor sweep right behind left (count 4)
5-8 Continue to bring right behind left and step down on right, step left to left side, cross right over right, hitch left knee into a turn ¼ right (make it a low hitch, keeping left close next to right)

ROCK FORWARD, BACK, FORWARD, HITCH ½ TURN LEFT; ROCK FORWARD, BACK, FORWARD, HITCH ¼ TURN RIGHT

- 1-4 Rock forward on left, rock back on right, rock forward on left, hitch right knee as you make a ½ turn left
5-8 Rock forward on right, rock back on left, rock forward on right, hitch left knee as you make a ¼ turn right

MAMBO FORWARD, HOLD; MAMBO BACK, HOLD

- 1-4 Rock forward on left, recover back on right, step left next to right, hold
5-8 Rock back on right, recover forward on left, step right next to left, hold

½ TURN RIGHT, ½ TURN RIGHT, STOMP TO LEFT SIDE, HOLD; BUMP HIPS RIGHT, LEFT, RIGHT

- 1-4 Step forward on left, make a ½ turn right, step forward on left, make a ½ turn right
5-6 Stomp left to left side, hold
7&8 Bumps hips right, left, right (weight ending on right)

PART B

SIDE ROCK LEFT, RECOVER, TRIPLE IN PLACE; SIDE ROCK RIGHT, RECOVER, TRIPLE IN PLACE

- 1-2 Side rock left to left side, recover on right
3&4 Triple in place left, right, left
5-6 Side rock right to right side, recover on left
7&8 Triple in place right, left, right

ROCK LEFT FORWARD. RECOVER, SHUFFLE BACK; ROCK RIGHT BACK, RECOVER, SHUFFLE FORWARD

- 1-2 Rock forward on left, recover back on right
3&4 Shuffle back left, right, left
5-6 Rock back on right, recover forward on left
7&8 Shuffle forward right, left, right

STEP FORWARD, ½ TURN RIGHT, SHUFFLE FORWARD; STEP FORWARD, ½ TURN LEFT, SHUFFLE FORWARD

- 1-2 Step forward on left, make a ½ turn right
3&4 Shuffle forward left, right, left
5-6 Step forward on right, make a ½ turn left
7&8 Shuffle forward right, left, right

½ TURN RIGHT, ½ TURN RIGHT, STOMP TO LEFT SIDE, HOLD; BUMP HIPS RIGHT, LEFT RIGHT

- 1-4 Step forward on left, make a ½ turn right, step forward on left, make a ½ turn right
5-6 Stomp left to left side, hold
7&8 Bumps hips right, left, right (weight ending on right)

SEQUENCE:

AAB, AB, AA (With a 3 count HOLD where the music pauses, and eliminate the last 4 counts of Part A (stomp LEFT to LEFT side, hold and hip bumps). There will be a dramatic pause in the music which is very easily distinguishable. To "hit" this pause in the music, you will dance Set 1 (Rhumba box) and then you will begin to do the back coaster step of Set 2 by stepping back on your Left for count 1 but you will not complete the coaster step. Instead HOLD for counts 2,3,4 with weight on the Left. Then simply continue dancing Set 2 with count 5 (Rock forward on RIGHT, recover back on LEFT, make ½ turn RIGHT, hold) and continue to the end of Part A, but you will eliminate counts 5-8 of Set 9 (stomp LEFT, hold, hip bumps) which are the last 4 counts of Part A. After the two ½ turns, you will go straight into B, Dancing Sets 1-3 and then for the dramatic ending, eliminate set 4 and end by stomping your Left to the Left side, and bump hips RIGHT, LEFT, RIGHT
