

# You & Me

拍数: 64      墙数: 0      级数:  
编舞者: Elizabeth Henderson (UK)  
音乐: This Is Us - Mark Knopfler & Emmylou Harris



**Position:** Inside hand hold, facing LOD, mirror image, Man's steps given

## LEFT SHUFFLE FORWARD HOLD, RIGHT SHUFFLE FORWARD HOLD (INSIDE HAND HOLD)

1-8      Left shuffle forward hold, right shuffle forward hold

## LEFT GRAPEVINE TOUCH, RIGHT GRAPEVINE ¼TURN RIGHT TOUCH

1-4      Left to left, right behind, left to left, touch right beside left

5-8      Right to right, left behind, right to right with ¼ turn right, touch left beside right

## RUMBA BOX, FORWARD AND BACK. (DOUBLE HAND HOLD) OLD

1-4      Left to left, right beside left, left forward hold

5-8      Right to right, left beside right, right back hold

## GRAPEVINE ¼ TURN LEFT HOLD, RIGHT SHUFFLE FORWARD HOLD

**Inside hand hold, LOD**

1-4      Left to left, right behind, left ¼ turn left touch right beside left

5-8      Shuffle forward right, hold

## CHASSE ¼ TURN RIGHT HOLD, CHASSE ½ TURN RIGHT HOLD

**Alternate hands on turns**

1-4      Left ¼ turn right, right next to left, left to side, touch right beside left

5-8      Right ½ turn right, left beside right, right to right, touch left beside right (ILOD)

## CHASSE ½ TURN RIGHT HOLD, CHASSE ¼ TURN RIGHT HOLD

**Alternate hands on turns**

1-4      Left ½ turn right, right beside left, left to left, touch right beside left

5-8      Right ¼ turn right, left beside right, right to right, touch left beside right

## ¼ TURN JAZZ BOX, HOLD. JAZZ BOX HOLD (LOD)

1-4      Cross left ¼ turn over right, right to right, left beside right, hold

5-8      Cross right over left, left to left, right to right, hold

## ROCKS FORWARD AND BACK (REPEAT)

1-8      Rock forward on left, recover on right, rock back on left, recover on right (repeat)

**REPEAT**