You & Me

拍数: 54

级数: waltz

编舞者: Pat & James "JP" Potter (USA)

音乐: You and Me - Lifehouse

STEP SIDE, DRAG, STEP SIDE, DRAG

- 1-2-3 Step to right side, drag left next to right (2 counts)
- 4-5-6 Step to left side, drag right next to left (2 counts)

SAILOR STEP, CROSS UNWIND

- 1-2-3 Step right behind left, step left to left side, step right to right side
- 4-5-6 Cross left behind right, unwind ¹/₂ turn left (weight ending on left)

FORWARD TWINKLES

- 1-2-3 Step right forward and across left (towards diagonal), step left together, step right slightly toward right diagonal
- 4-5-6 Step left forward and across right (towards diagonal), step right together, step left slightly towards left diagonal

RIGHT LUNGE, RECOVER, RIGHT COASTER BACK

- 1-2-3 Lunge forward right (2 counts), recover left
- 4-5-6 Step back right, step left together, step forward right

LEFT LUNGE, RECOVER, ¾ TURN, CROSS

- 1-2-3 Lunge forward left (2 counts), recover right
- 4-5-6 Step back on left making 1/2 turn left, step forward right making 1/4 turn right, cross left over right

STEP SIDE, DRAG, ROLLING TURN LEFT

- 1-2-3 Step to right side, drag left next to right (2 counts)
- 4-5-6 Step left to left side making 1/4 turn left, step right forward making 1/2 turn left, step left back making 1/4 turn left

LUNGE ACROSS, RECOVER, STEP BACK, CROSS, UNWIND

- 1-2-3 Lunge right across left (2 counts), recover on left
- 4-5-6 Step back on right, cross left over right, unwind 1/2 to right (keep weight on left)

FORWARD RIGHT, SWEEP, STEP FORWARD LEFT, SWEEP

- 1-2-3 Step forward (slightly across) on right, sweep left out & center (2 counts)
- 4-5-6 Step forward (slightly across) on left -sweep right out & side (2 counts)

STEP, KICK, BEHIND, SIDE, SLIGHT CROSS

- 1-2-3 Step forward on right, kick left to left diagonal (2 counts)
- 4-5-6 Step left behind right - step right to side - cross left slightly over right

REPEAT

TAG

At the end of the second wall

STEP SIDE, DRAG, STEP SIDE, DRAG

- 1-2-3 Step to right side, drag left next to right (2 counts)
- 4-5-6 Step to left side, drag right next to left (2 counts)





墙数:4

RESTART

In order to stay on phrase with the music, starting with the 6th wall until the end of the song, drop the last 6 counts of the dance. So you would restart after the forward right, sweep, step forward left, sweep