

You Ain't Goin' Nowhere

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Improver
编舞者: Karen Fishback (USA)
音乐: You Ain't Going Nowhere - Nitty Gritty Dirt Band



STAR STEP, (4 STEP-TOGETHER-STEPS WITH TURNS) MAKING A FULL TURN TO LEFT

1-4 Step to left with left, right beside left, step to side with left, turning $\frac{1}{4}$ to left, hold
5-8 Step right in front of left, left beside right, step to side with right turning $\frac{1}{4}$ to left, hold
1-4 Step left behind right, right beside left, step to side with left turning $\frac{1}{4}$ to left, hold
8 Step right in front of left, left beside right, step to side with right turning $\frac{1}{4}$ to left, hold (you should end facing front)

FORWARD STEP, TOGETHER, STEP, TAP, BACK STEP, TOGETHER, STEP, TAP

1-4 Step forward on left, step right beside left, step forward left, tap right toe behind
5-8 Step back on right, step left beside right, step back on right, tap left toe beside right

SIDE STEP, TOUCH, SIDE STEP, TOUCH, 4 STEP FULL TURN TO LEFT

1-4 Step to left with left, touch right next to left, step right with right, touch left next to right
5-8 Make a 4-step full turn to left

ROCK LEFT, HOLD, RECOVER, HOLD, VINE RIGHT (BEHIND, SIDE, FRONT), POINT

1-4 Rock left to left side, hold, rock back to right, hold
5-8 Cross left behind right, step right to right, cross left in front of right, point right to side

VINE LEFT, HOLD, FORWARD COASTER, HOLD

1-4 Step right behind left step to side with left, step right in front of left, hold
5-8 Step forward with left, bring right beside left, step back on left, hold

BACK COASTER, HOLD, FORWARD LOCK STEP, HOLD

1-4 Step back on right, bring left beside right, step forward on right, hold
5-8 Step forward on left, step behind left with right, step forward on left, hold

FORWARD STEP, HOLD, $\frac{1}{2}$ PIVOT, HOLD, "PRISSY" WALK FORWARD 3 STEPS, HOLD

1-4 Step forward on right, hold, pivot $\frac{1}{2}$ to left shifting weight to left, hold
5-8 Walk forward 3 steps placing each foot in front of the other right, left, right, hold

REPEAT
