

# You Ain't

拍数: 32      墙数: 0      级数:  
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音乐: If Ya Gettin' Down - Five



## STEP, TOGETHER, OUT-OUT, IN-IN, STEP, TOGETHER, OUT-OUT, IN-IN

- 1-2      Step forward on right foot; step left foot next to right  
&3      Step slightly to the right on right foot, stretching right arm to the right; step slightly to the left on left foot about shoulder width apart from right, stretching left arm to the left  
&4      Step right foot to home, bringing right arm back in front of chest; step left foot next to right, bringing left arm back in front of chest  
5-6      Step forward on right foot; step left foot next to right  
&7      Step slightly to the right on right foot, stretching right arm to the right; step slightly to the left on left foot about shoulder width apart from right, stretching left arm to the left  
&8      Step right foot to home, bringing right arm back in front of chest; step left foot next to right, bringing left arm back in front of chest

## SIDE STEP, BEHIND, PIVOT, FORWARD SHUFFLE, TO THE RIGHT MILITARY PIVOT, FORWARD SHUFFLE

- 9-10      Lower arms and step to the right on right foot; cross left foot behind right and step  
&      Pivot  $\frac{1}{4}$  turn to the right on ball of left foot  
11&12      Shuffle forward (right, left, right)  
13-14      Step forward on left foot; pivot  $\frac{1}{2}$  turn to the right on ball of left foot and shift weight to right foot  
15&16      Shuffle forward (left, right, left)

## 1 $\frac{1}{4}$ TO THE RIGHT ROLLING TURN, TOGETHER

- 17-18      Step to the right on right foot and begin a  $1 \frac{1}{4}$  to the right rolling turn traveling to the right; step on left foot and continue  $1 \frac{1}{4}$  to the right rolling turn  
19-20      Step on right foot and complete  $1 \frac{1}{4}$  to the right rolling turn; step left foot next to right

## SYNCOATED HEEL/TOE TOUCHES

- 21      Touch right heel forward  
&22      Step right foot next to left; touch left heel forward  
&23      Step left foot next to right; touch right toe to the right  
&24      Step right foot next to left; touch left toe to the left

## BODY TWIST

- 25-26      Keeping left toe pointed to the left, bend knees and dip right shoulder as you twist body a  $\frac{1}{4}$  turn to the left; bring right shoulder up and straighten knees  
27-28      Bend knees and dip right shoulder as you twist body a  $\frac{1}{4}$  turn to the right; bring right shoulder up and straighten knees, keeping left toe pointed to the left

## FULL ROLLING TURN TO THE LEFT, TRIPLE STEP

- 29-30      Step to the left on left foot and begin a full rolling turn to the left traveling to the left; step on right foot and complete full rolling turn to the left  
31&32      Triple step in place (left, right, left)

## REPEAT