

# You

拍数: 80      墙数: 4      级数:  
编舞者: Yvonne Hammond (AUS)  
音乐: Blame It On Your Heart - Patty Loveless



- 1-4            Touch right heel forward at 45 degrees, touch right toe across left, shuffle forward right ( left-right )
- 5-8            Touch left heel forward at 45 degrees, touch left toe across right, shuffle forward left ( right-left )
- 9-12           Step forward right, pivot ½ turn left, stomp right, clap
- 13-16           Right heel toe shuffle
- 17-20           Left heel toe shuffle
- 21-24           Scuff right foot forward, scuff right foot back & across front of left, scuff right foot forward, scuff right back
- 25-26           Strut right backwards ( step back right toe, slap right heel down )
- 27-28           Strut left backwards
- 29-32           Turn ½ turn right & strut forward right, strut forward left ( step forward on right heel, slap right toe down, step forward left heel, slap left toe down )
- 33-34           Step right across in front of left, turn ¼ turn right & step back on left
- 35&36           Step right-left-right on the spot
- 37              Swing left leg around ½ turn backwards, step on left with feet apart
- &38              Step on right on the spot, step on left on the spot
- 39              Swing right leg around ½ turn backwards, step on right with feet apart
- &40              Step on left on the spot, step on right on the spot
- 41-42           Step forward on left, step back on right
- 43&44           Step left-right-left on the spot
- 45              Swing right leg around ½ turn backwards, step on right with feet apart
- &46              Step on left on the spot, step on right on the spot
- 47              Swing left leg around ½ turn backwards, step on left with feet apart
- &48              Step on right on the spot, step on left on the spot
- 49-50           Step forward on right, step back on left
- 51&52           Step right-left-right on the spot
- 53-56           (Montana kick with jump) step forward on left, kick right foot forward, jump back on right, touch back with left
- 57-60           Touch left toe out to left side, bring left knee up & across front of right & slap with right hand ( repeat )
- 61-64           (left vine) step left to left side, step right behind left, step left to left side, stomp right beside left & clap
- 65-68           Touch right toe out to right side, bring right knee up & across front of left & slap with left hand ( repeat )
- 69-72           (right vine) step right to right side, step left behind right, step right to right side, stomp left beside right & clap

73-76 Touch left out to left side, step left across front of right, touch right out to right side, step right across front of left

77-80 Touch left out to left side, cross left over right, turn  $\frac{1}{2}$  turn, clap

**REPEAT**

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