

# Ymca

COPPER KNOB  
STEPPERS

拍数: 116      墙数: 0      级数:  
编舞者: Unknown  
音乐: Y.M.C.A. - Village People



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- 1-8            With right hand point finger and bounce hand as you move it to the right  
9-16         With left hand point finger and bounce hand as you move it to the left  
17-24        With right hand point finger and bounce hand as you move it to the left
- 25-26        Throw left hand high in the air, throw right hand high in the air  
27-28        Place left hand on right shoulder, place right hand on left shoulder  
29-30        Place left hand on left hip, place right hand on right hip
- 31-60        Repeat 1-30
- 61-65        Push right hip to the right side for 5 counts  
66-68        Bounce body slightly  
69-73        With arms form the letters Y-M-C-A  
74-76        Bounce body slightly
- 77-80        Jump and turn right  $\frac{1}{4}$  turn, shake hips for 4 counts  
81-84        Jump and turn right  $\frac{1}{4}$  turn, shake hips for 4 counts  
85-88        Jump and turn right  $\frac{1}{4}$  turn, shake hips for 4 counts  
89-92        Jump and turn right  $\frac{1}{4}$  turn, shake hips for 4 counts  
93-97        With arms form the letters Y-M-C-A  
98-100       Bounce body slightly
- 101-108     Jump forward and bounce body for 8 counts  
109-116     Make a quick  $\frac{1}{2}$  turn to right, jump forward and bounce body for 8 counts

**REPEAT**

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