

Yes (I Feel Alright)

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: John Dowling (UK)
音乐: Yes - McAlmont & Butler



RIGHT CHASSE, ROCK RECOVER ¼ LEFT, LEFT SHUFFLE FORWARD, ROCK RECOVER

1&2 Step right to side, slide next to right, step right to side chasse right
3-4 Making a ¼ turn left, rock step back on left, recover weight forward onto right
5&6 Step left forward, slide right next to left, step left forward
7-8 Rock step forward on right, recover weight back onto left

RIGHT SHUFFLE BACK, TOE TOUCH, PIVOT ½ LEFT, JAZZ BOX

1&2 Step right back, slide left next to right, step right back shuffle back
3-4 Touch left toe behind, pivot ½ turn left transferring weight onto left
5-6 Cross step right over left, step slightly back on left
7-8 Step right next to left, step slightly forward on left

HIP SWAYS X 4, CHASSE RIGHT, ROCK BEHIND, RECOVER

1-4 Stepping right in place, sway hips right-left-right-left
5&6 Step right to side, slide next to right, step right to side
7-8 Rock step left behind right, recover weight forward onto right

HIP SWAYS X 4, CHASSE LEFT, ROCK BACK ¼ TURN RIGHT, RECOVER

1-4 Stepping left in place, sway hips left-right-left-right
5&6 Step left to left side, slide right next to left, step left to side
7-8 Making a ¼ turn right, rock back on right, recover weight forward onto left

Restart dance on wall 2 - you should be facing 6:00

TOE STRUTS TWICE, JAZZ BOX WITH ¼ TURN RIGHT

1-2 Step right toe forward, lower heel to floor
3-4 Step left toe forward, lower heel to floor
5-6 Cross step right over left, step slightly back on left
7-8 Making a ¼ turn right, step right next to left, step slightly forward on left

RIGHT SHUFFLE FORWARD, LEFT CHASSE TURNING ¼ RIGHT, ¼ TURN RIGHT ROCK BACK, RECOVER, RIGHT SHUFFLE FORWARD

1&2 Step right forward, slide left next to right, step right forward
3&4 Making a ¼ turn right, step left to left side, slide right next to left, step left to side
5-6 Making a ¼ turn right, rock step back on right, recover weight forward onto left
7&8 Step right forward, slide left next to right, step right forward

LEFT SIDE ROCK, RECOVER, CROSSING SHUFFLE, RIGHT SIDE ROCK, RECOVER, CROSSING SHUFFLE

1-2 Rock step left to side, recover weight onto right in place
3&4 Crossing shuffle left stepping left over right, right to side, left over right
5-6 Rock step right to side, recover weight onto left in place
7&8 Crossing shuffle left stepping right over left, left to side, right over left

SIDE STEP TOUCH, BACK STEP TOUCH, STEP FORWARD TOUCH, ¼ MONTEREY TURN RIGHT

1-2 Step left to side, touch right next to left
3-4 Step back on right, touch left next to right
5-6 Step forward on left, touch right next to left

7&8

Touch right to side, pivot $\frac{1}{4}$ turn right (weight on left) touching right next to left

REPEAT

RESTART

The dance has a restart after count 32 of wall 2. Otherwise just dance it straight through
